# Power to Perform

Year 11 Evening for Parents





## The impact of your child's attendance

This is what really happened to **our** Year 11s in 2025



# **Punctuality**

Arrive at school by 8:40am

Registers taken at 8:45am

Arrival to school after 9:15am

= U Code

10 U codes in a 10 week period = LA Penalty Fine



#### Year 11 Rhythm of the Year (2025-26)

Autumn Term	Spring Term	Summer Term
1 <sup>st</sup> September: <b>Anti-regression testing</b>	6 <sup>th</sup> January onwards: <b>Targeted support and intervention continues</b>	April, May, June: <b>Walking Talking Mocks, intensive revision days, hot tips sessions.</b>
w/b 13 <sup>th</sup> October: <b>Latest data sent to</b> parents	23 <sup>rd</sup> February: <b>Second round of PPEs in selected subjects.</b>	May: Public Examinations begin and last until the end of June.
28 <sup>th</sup> October: <b>Targeted assemblies</b>	w/b: 23 <sup>rd</sup> March: <b>Latest data sent to</b> parents	Date TBC: Leaving Assembly
3 <sup>rd</sup> November: <b>Pre-Public Examinations (for two weeks)</b>	23 <sup>rd</sup> March: <b>Targeted intervention using latest information from PPEs.</b>	Date TBC: <b>Year 11 Prom</b>
6 <sup>th</sup> November: <b>Sixth Form Open Evening</b>	23 <sup>rd</sup> March: <b>Parents' Evening</b>	
11 <sup>th</sup> December: <b>Parents' Evening and PPE Results Day</b>	30 <sup>th</sup> March: <b>Easter Holiday. Revision sessions. Exact dates TBC.</b>	
11 <sup>th</sup> December: <b>PPE follow up and targeted interventions</b>		



# Aspire: Let's Learn – Year 11 Tutoring Programme

- Supporting Year 11 Success
- We are delighted to invite your child to take part in our free Aspire: Let's Learn Tutoring Programme at Countesthorpe Academy, which will initially run for 4 weeks.
- Starts: Saturday 1st November
  - Time: 10:00am 12:00pm
    - Location: Hive Centre, Countesthorpe Academy
  - Tutors: Our high-achieving Sixth Form students, supported by senior staff

#### What's on Offer?

- Small-group and one-to-one tutoring in English and Maths, focused, personalised support to prepare for GCSEs and a relaxed and friendly environment
- Research shows that small group and one-to-one tutoring can significantly boost progress

   often helping students secure at least one grade higher at GCSE.





# Hive Sixth Form and support for next steps

#### **Autumn Term – Building Aspirations and Making Applications**

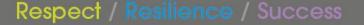
- Sixth Form for the Day
- Open Evening
- Taster Events

#### **Spring Term – Focus on Getting the Grades!**

- Mock interviews
- Guidance meetings
- Conditional Offers

#### **Summer Term – Stepping into Sixth Form**

• Induction Days and Examininations





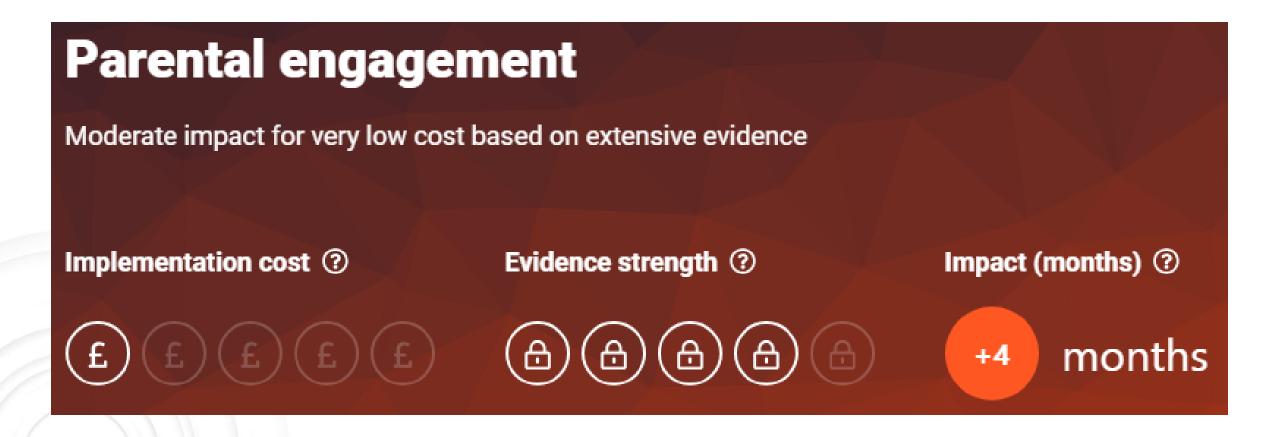






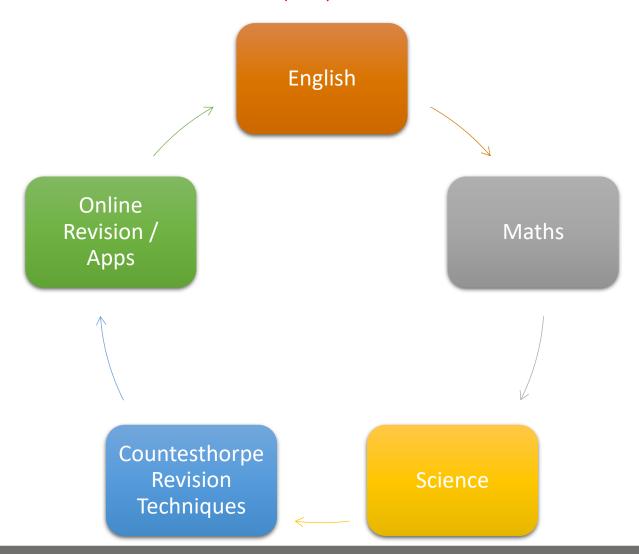


#### What does the research tell us?



# Power to Perform Evening

"How can I can help my Year 11 child with..."









# How we revise at Countesthorpe Academy

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

## Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## Pomodoro Technique



The Pomodoro method follows a basic pattern of 25 minutes of studying followed by a five-minute break, allowing for the perfect blend of study and rest.

#### Past Papers

Doing practice papers is one of the most important revision techniques. Do as many as you can under exam conditions to get used to the time pressure. Check your answers on the mark scheme.

Surname	Other names
Pearson Edexcel Level 2 GCSE (9-1)	Candidate Numbe
Mathematics Paper 2 (Calculator)	
raper 2 (carculator)	
rapei 2 (calculator)	Foundation Tie



# There are four parts to this.... which together will lead to exam success.

# How we revise at Countesthorpe Academy

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

## Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## Pomodoro Technique



The Pomodoro method follows a basic pattern of 25 minutes of studying followed by a five-minute break, allowing for the perfect blend of study and rest.

#### Past Papers

Doing practice papers is one of the most important revision techniques. Do as many as you can under exam conditions to get used to the time pressure. Check your answers on the mark scheme.

Surname	Other names
Pearson Edexcel Level 2 GCSE (9-1)	Candidate Numbe
Mathematics Paper 2 (Calculator)	
raper 2 (carculator)	
rapei 2 (calculator)	Foundation Tie

# You and your parents are going to receive a guide to explain the four methods...

This is what it looks like...

#### How we revise at...



#### Countesthorpe Academy

This is going to help the important things stick in your head, and that's what revision is all about.

Start with <u>blurting</u>.

#### **Blurting**



It's all about testing yourself repeatedly and it engages <u>active</u> <u>recall</u> to help you remember.

- Open your book, revision guide or cue cards and make sure you understand everything you're reviewing.
- Put it away so you can't see it. Grab paper and a pen. Write down everything you remembered from your notes.
- 3. Now get out your book, revision guide, cue cards and check to see what you have written. In a different colour add anything you missed. Correct your mistakes.

Use the <u>Pomodoro</u>
<u>Technique</u> to
manage your time
and work effectively.

#### Pomodoro Technique



The perfect blend of study and rest.

- Choose a task e.g. blurting, funnelling or working on a past paper.
- 2. Set a timer for 25 minutes
- 3. Work on a task up to the timer.
- 4. Take a short break (5 minutes)
- 5. Every 4 Pomodoros, take a longer break.

Improve your knowledge with <u>funnelling</u> then test your knowledge with <u>Past Papers</u>. Find out your knowledge gaps.... and repeat.

Funnelling is similar to blurting but helps you edit your notes very quickly.

#### **Funnelling**

Funnelling is a great way
to ensure you have
covered the information
several times, and end up
with a really good
understanding of
everything from the big to
the small.



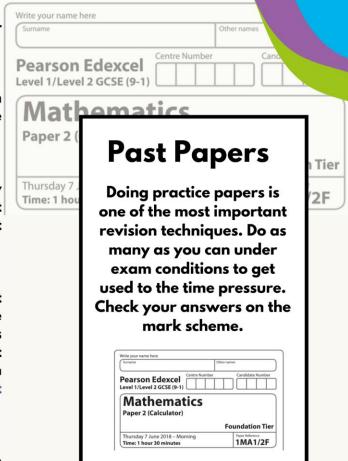
1. Write down everything about a topic – use sentences, bullets or diagrams.

2.Take one sheet of paper and, from memory, write it out again. Max one page.

3.Look at your work and try to identify the most important thing. Take a post-it or flashcard and write down the most important information from memory.

4.That's the key thing but you'll want more detail for the exam, so next, take one sheet of paper again and write as much as you can remember. Compare it to your original notes in step two, add in anything you missed in a different colour.

5.Now do step one again, this time from memory and compare it to the original step one, add in what's missing in a different colour.



# We're now going to go through each type of revision...

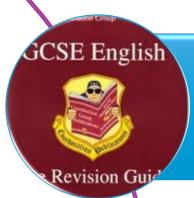


This is all about testing yourself repeatedly and it engages active recall to help you remember.



This is a technique that's currently blowing up on TikTok. It literally means 'blurting out' all the information you know on a topic and trying to get it to stick in your longterm memory.





1. Open your book, revision guide or cue cards and make sure you understand everything you're reviewing.



2. Put it away so you can't see it. Grab paper and a pen. Write down everything you remembered from your notes.



Major point I side Title

102 I has to wive a 1 start to write info
1 side write gold multiples ment
1 side write gold multiples info
1 side write write side info
1 side write write write write write
1 side write write write sentences
1 side write write write write sentences
1 side write write write write write
1 side write write write write write
1 side write write write write
1 side write write write write
1 side write write write
1 side write write
1 side write write
1 side writ
1 side write
1 side write
1 side write
1 side write
1 side writ

3. Now get out your book, revision guide, cue cards and check to see what you have written. In a different colour add anything you missed. Correct your mistakes.

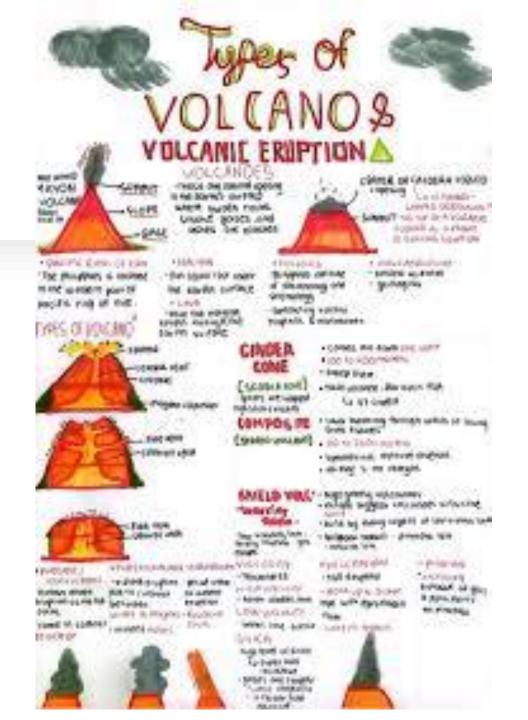


Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.

**Funnelling** is similar to blurting but helps you edit your notes very quickly.



- There are 5 steps....
- 1. Write down everything about a topic use sentences, bullets or diagrams.





2. Take one sheet of paper and, from memory, write it out again. Max one page.

Don't worry that this one is typed. It's just an example.

Subject: Geography Volcanoes

#### Overview

Volcanoes have created more than 80 percent of our planet's surface, laying the foundation that has allowed life to thrive. Their explosive force crafts mountains as well as craters. Lava rivers spread into bleak landscapes.

There are volcanoes on every continent, even Antarctica. Some 1,500 volcanoes are still considered potentially activearound the world today;161 of those—over 10 percent—sit within the boundaries of the United States. Some volcanos burst to life in explosive eruptions, like the 1991 eruption of Mount Pinatubo, and others burp rivers of lava in what's known as an effusive eruption, like the 2018 activity of Hawaii's Kilauea volcano. These differences are all thanks to thechemistrydriving the molten activity. Effusive eruptions are more common when the magma is less viscous, or runny, which allows gas to escape and the magma to flow down the volcano's slopes. Explosive eruptions, however, happen when viscous molten rock traps the gasses, building pressure until it violently breaks free. The majority of volcanoes in the world form along the boundaries of Earth's tectonic plates—massive expanses of our planet's lithosphere that continually shift, bumping into one another. When tectonic plates collide, one often plunges deep below the other inwhat's known as a subduction zone. As the descending landmass sinks deep into the Earth, temperatures and pressures climb. releasing water from the rocks. The water slightly



 3. Look at your work and try to identify the most important thing. Take a post-it or flashcard and write down the most important information from memory.

Part 3. Summarise the main points and pull out any key terms

Subject: Geography Volcanoes

#### Overview

Volcanoes have created more than 80 percent of our planet's surface, laying the foundation that has allowed life to thrive. Their explosive force crafts mountains as well as craters. Lava rivers spread into bleak landscapes.

There are volcanoes on every continent, even Antarctica. Some 1,500 volcanoes are still considered potentially activearound the world today;161 of those—over 10 percent—sit within the boundaries of the United States. Some volcanos burst to life in explosive eruptions, like the 1991 eruption of Mount Pinatubo, and others burp rivers of lava in what's known as an effusive eruption, like the 2018 activity of Hawaii's Kilauea volcano. These differences are all thanks to thechemistry driving the molten activity. Effusive eruptions are more common when the magma is less viscous, or runny, which allows gas to escape and the magma to flow down the volcano's slopes. Explosive eruptions, however, happen when viscous molten rock traps the gasses, building pressure until it violently breaks free. The majority of volcanoes in the world form along the boundaries of Earth's tectonic plates—massive expanses of our planet's lithosphere that continually shift, bumping into one another. When tectonic plates collide, one often plunges deep below the other inwhat's known as a subduction zone. As the descending landmass sinks deep into the Earth, temperatures and pressures climb, releasing water from the rocks. The water slightly reduces the melting point of the overlying rock, forming magma that can work its way to the surface—the spark of life to reawaken a slumbering volcano. One particular danger is pyroclastic flows, avalanches of hot rocks, ash, and toxic gas that race down slopes at speeds as high as450 miles an hour. Such an event was responsible for wiping out the people of Pompeii and Herculaneum afterMount Vesuvius erupted in AD 79.

#### Main points

- \* There are volcano on every continent. Most volcanos are along tectonic plates. When tectonic plates colide this causes a subduction zone
- \* Magma is formed which works it way to the surface
- \* Exposive eruptions (Mount Pinatubo 1991) viscous molton lava traps gasses, building pressure, causing violent explosions
- \* Effusive eruptions (Kilauea volcano 2018) magma is less viscous, which allows gas to escape and the lava flows down in a river
- \* Pyroclastic flow (MAGMA) Hot rocks, ash and toxic gas) up to 450 miles an hour Mount Vesuvius wiped out Pompeii in AD 79

Key words

Tectonic Plates Magma Explosive Eruption

Effusive Eruption Pyroclastic Flow Vesuvius / Pompeii / AD 79.



4. That's the key thing but you'll want more detail for the exam, so next, take one sheet of paper again and write as much as you can remember. Compare it to your original notes in step two, add in anything you missed in a different colour.

5. Now do step one again, this time from memory and compare it to the original step one, add in what's missing in a different colour.

Subject: Geography Volcanoes

#### Overview

Volcanoes have created more than 80 percent of our planet's surface, laying the foundation that has allowed life to thrive. Their explosive force crafts mountains as well as craters. Lava rivers spread into bleak landscapes.

There are volcanoes on every continent, even Antarctica. Some1,500 volcanoes are still considered potentially activearound the world today;161 of those—over 10 percent—sit within the boundaries of the United States. Some volcanos burst to life in explosive eruptions, like the1991 eruption of Mount Pinatubo, and others burp rivers of lava in what's known as an effusive eruption, like the2018 activity of Hawaii's Kilauea volcano. These differences are all thanks to thechemistrydriving the molten activity. Effusive eruptions are more common when the magma is less viscous, or runny, which allows gas to escape and the magma to flow down the volcano's slopes. Explosive eruptions, however, happen when viscous molten rock traps the gasses, building pressure until it violently breaks free. The majority of volcanoes in the world form along the boundaries of Earth's tectonic plates—massive expanses of our planet's thosphere that continually shift, bumping into one another. When tectonic plates of the plunges deep below the other inwhat's known as a

e. As the descending landmass sinks deep into the Earth,
I pressures climb, releasing water from the rocks. The water slightly
point of the overlying rock, forming magma that can work its way
ark of life to reawaken a slumbering volcano. One particular

s, avalanches of hot rocks, ash, and toxic gas that race igh as450 miles an hour. Such an event was responsible ompeii and Herculaneum afterMount Vesuvius erupted

Part 4. Extra things added in that were missed the first time.

subduct

tempera

#### Main points

- \* There e volcano on every continent. Most volcanos are along tectonic plates. When tectonic plates colide this causes a subduction zone
- \* Magma is formed which works it way to the surface
- \* Exposive eruptions (Mount Pinatubo 1991) viscous molton lava traps gasses, building pressure, causing violent explosions
- \* Effusive eruptions (Kilauea volcano 2018) magma is less viscous, which allows gas to escape and the lava flows down in a river
- \* Pyroclastic flow (MAGMA) Hot rocks, ash and toxic gas) up to 450 miles an hour Mount Vesuvius wiped out Pompeii in AD 79

Key words

Tectonic Plates Magma Explosive Eruption

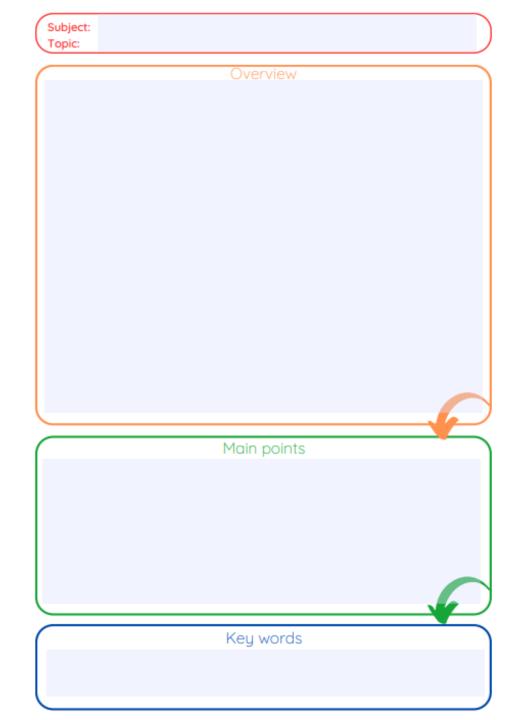
Effusive Eruption Pyroclastic Flow Vesuvius / Pompeii / AD 79.



- Awesome work! Think about it: you've now written:
  - the most important thing five times
  - the second most important stuff four times, and
    - the least important stuff twice.

• This is going to help the important things stick in your head, and that's what revision is all about.

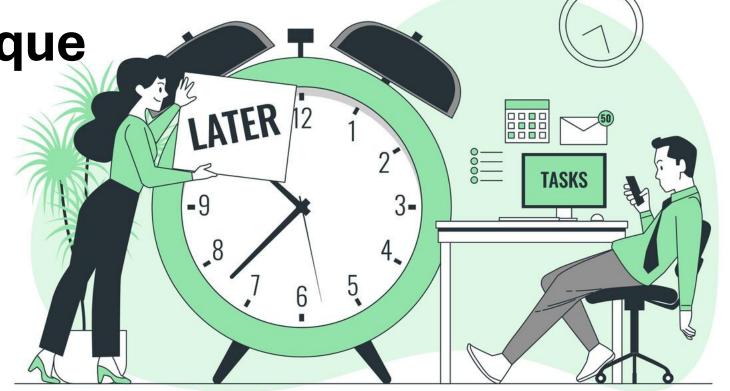
You can use this template to divide up your revision notes:





**Pomodoro Technique** 

- Has anything like this ever happened to you?
- You are working on a task and you suddenly need to do other things updating your Instagram, replying to a message, eating, anything reallyinstead of focusing on your current goal.
- You are working on a task and you hear a voice in your head: "Are you sure this is the right thing to do now? Are you sure you are not forgetting something urgent to do? Are you sure there isn't a better way to do that?
- We often find we do this when it comes to revision.



You are not alone! We all face the same problem. We know we should focus on the task in hand, but it feels impossible with so many distractions and demands on our time.

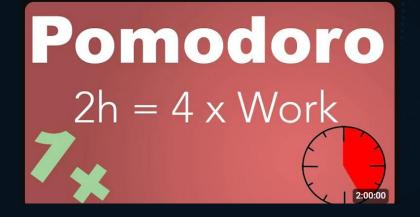
# Pomodoro Technique

- 25<sub>min</sub>
- The **Pomodoro Technique** helps our brain recognise those tricky moments and learn how to deal with them. It helps focus your revision.
- Choose what you are going to revise and how you are going to do it (e.g. blurting, funnelling, past paper)
  - Set a timer for 25 minutes
  - Work on the task until the timer rings, then put a check on your sheet of paper
  - Take a short break (5 minutes). Use a timer.
  - Every 4 Pomodoro rounds, take a longer break. You'll have then earned it.

There are lots of Pomodoro timers on YouTube (but a simple timer is just as good e.g. like on your phone)





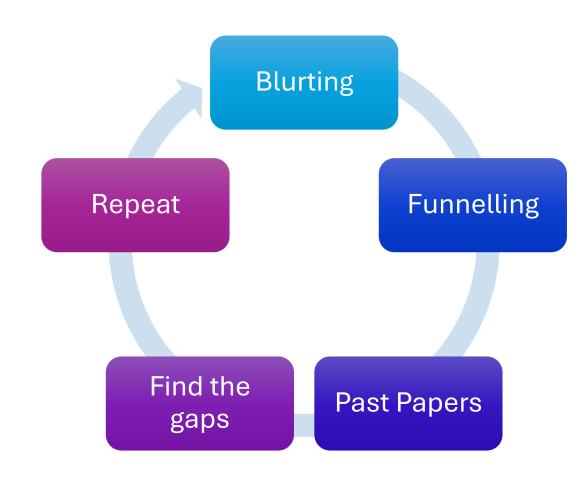


# 4. Past Paper Questions

## **Past Paper Questions**

#### Test your knowledge

- Revision is often a process of memorising facts, dates, formulas and quotes, but the best way to make sure you've retained that information is to test yourself on it.
- Answering past papers helps you to work out which topics you know really well and figure out what gaps you need to focus on.
- By testing your knowledge you can **check your revision progress** and feel more confident about what you already know.
- If there are gaps in knowledge, go back to blurting and funnelling. **Keep going until you know your stuff.**

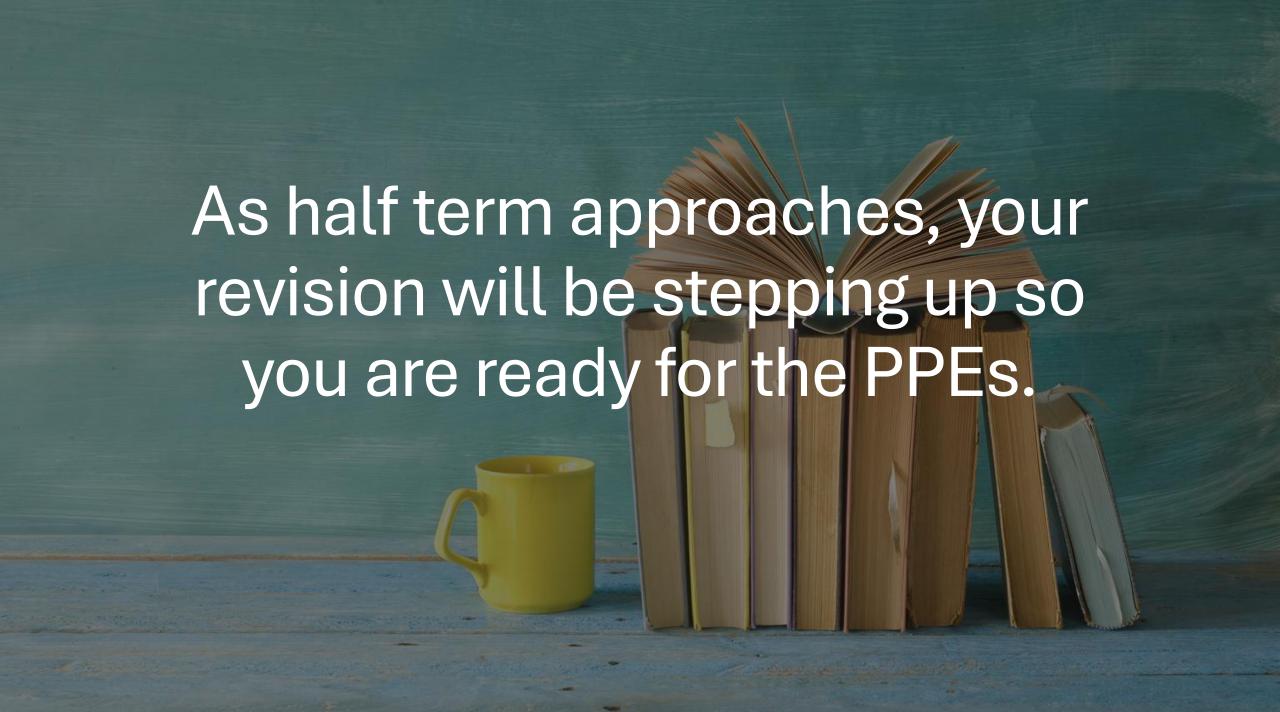


## **Past Paper Strategy**

- Get the past paper from your Google Classroom
- 2. Work out **how long you need** to answer the question(s).
- 3. Put yourself into **exam conditions** (no notes, no distractions, timer on)
- 4. Use the mark scheme afterwards (Google Classroom) to check your understanding.
- 5. Make notes and corrections in a different colour.
- 6. Where things were incorrect, go back to your notes / revision guide and complete blurting and funnelling to **fill the gaps**.



Paper 2 Qu	uestion 2 Exercise 3
0 2	You need to refer to source A and source B for this question:
- 1	The things to see and do at Glastonbury Festival and Greenwich Fair are different.
	Use details from both sources to write a summary of the differences, [8 marks]
SKILLS	Marketine and the state of the
1	Glastinbury and Greenwich Tair - both
- 4	hugely popular events, but incredibly
	different in their content Glastonhury, not
	only a modern festival, is all about the
lear	live music and binging all different
tatement	styles trapthar (1950), prp, alternative etc),
ifference	
rith textu	Water Dealers of south about 19 and 19
eferences	
	parades and partonines and various.
	other dramatic premotations.
	trong the descriptions in atmosphere, they
**	are also hugely different. Glastonbury is
Same	described to have a very safe family friendly
	atmosphere according to people taking part.
	Apart from the fact that it seems to look
0.00	Programme of the contract of t
	like a near-total devastation, everyne
	seem relatively calm, hoppy and friendly.
	Harmon His door as some I be the





S	M	Т	W	Т	F	S
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	TODAY 15	16	17	18	19
20	21	22	Half Term H	loliday 24	25	26
27	28	29	30	31	1st Nov	2
	PPEs begin					
3	4	5	6	7		9

# CHALLENGES OF THE MONTH Develop use of past three pen approach

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

### Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## Pomodoro Technique



The Pomodoro method follows a basic pattern of 25 minutes of studying followed by a five-minute break, allowing for the perfect blend of study and rest.

## CHALLENGES OF THE MONTH



Master the blurting, funnelling and Pomodoro techniques.



Ensure you know where all your revision resources are.



Develop use of past papers using the three pen approach

## Ensure you know where all your revision resources can be found

You should be familiar with some of these resources already.



Quizzing and revision



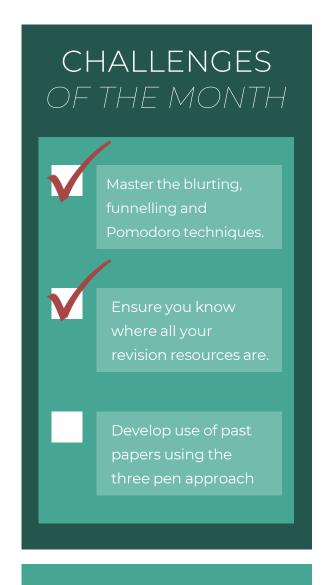
Online maths revision and testing



Quizzes and homework in a range of subjects

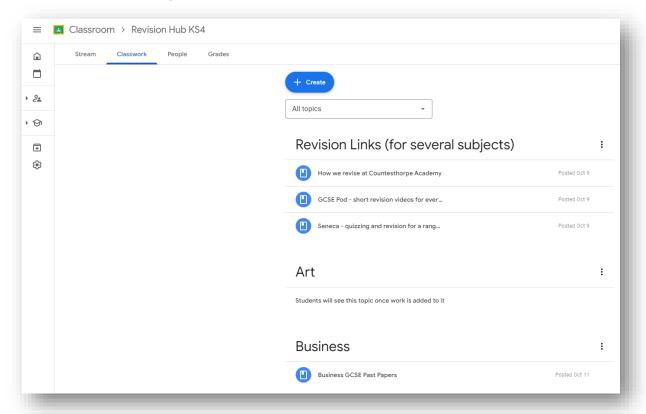


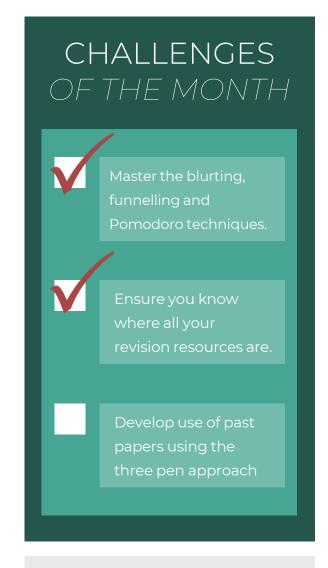
Google Classroom
Your own revision
resources



## **Revision Hub (KS4)**

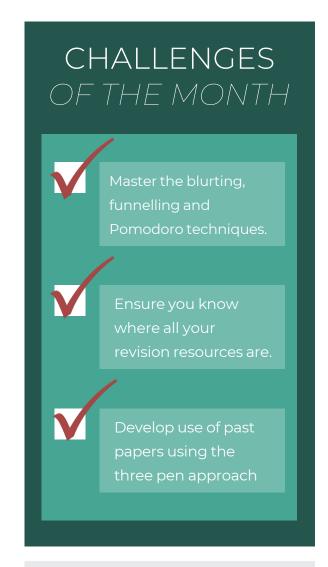
- Your teachers are also making all past papers available to you in one place: The Google Classroom called Revision Hub (KS4).
- Log on. Make sure you can find where the resources are stored.



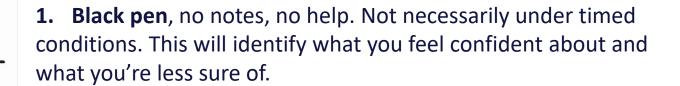


## Past Papers using the three pen approach

- Once you have completed your blurting and funnelling whilst managing your time with the Pomodoro technique you will want to test yourself using Past Papers.
- They are available in the Google Classroom: Revision Hub (KS4).
- We can make Past Paper completion more effective using to the three pen approach.
- It will:
  - Help you self reflect on answers
  - Improve your technique
  - Get your higher marks



## Past Papers using the three pen approach (You will need to have downloaded a past paper)



2. **Purple pen**. Using text books, notes, revision guides but not the markscheme, switch to purple and annotate (improve answers). This identifies what you can work out with some prompting but is not yet secure in your long term memory.

**3. Green pen.** These are your final corrections, made using the mark scheme (that you can see in Google Classrooms). This is what you likely struggled with most, even with textbook / revision guides. These are the most urgent areas to go back and revise. Start the cycle of blurting and funnelling again.





Past Papers using the three pen approach (You will need to have downloaded a past paper)

CHALLENGES OF THE MONTH

1. con wha

You should now find a past paper question (or several questions) from any subject and give this a go.

Master the blurting, funnelling and Pomodoro techniques.

Ensure you know where all your revision resources are.

Develop use of past papers using the three pen approach

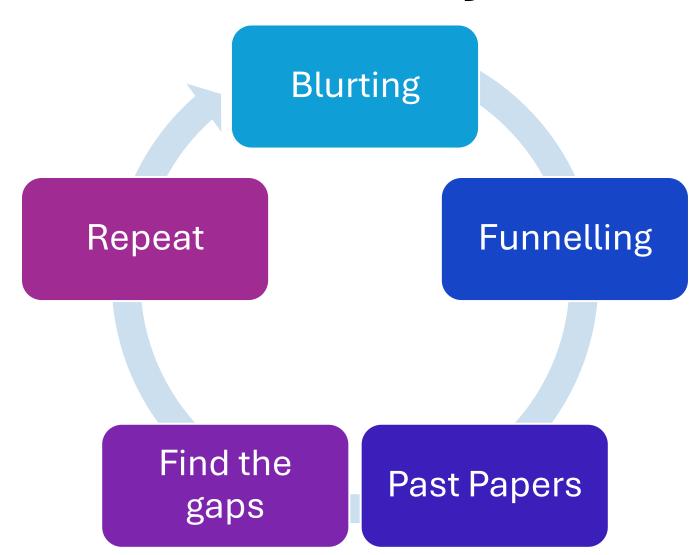
3

th

what you likely struggled with most, even with textbook / revision guides. These are the most urgent areas to go back and revise. Start the cycle of blurting and funnelling again.



## The Revision Cycle...





## Just a minute

Revision

### Rules

- No hesitation
- No repetition
- No deviation



- 1 point per correct challenge
- 2 bonus points for reaching the end of the minute.

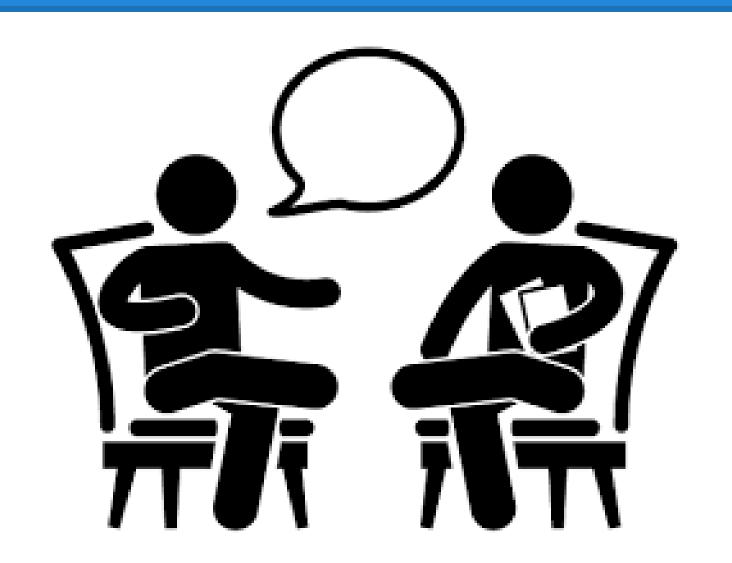
## Fitness testing & training

- No hesitation
- No repetition
- No deviation



## Influences on physical activity

- No hesitation
- No repetition
- No deviation



## **Balanced diet**

- No hesitation
- No repetition
- No deviation



## Drugs in sport

- No hesitation
- No repetition
- No deviation



## The skeletal system

- No hesitation
- No repetition
- No deviation





Tips on how to support your child in GCSE English -Language and Literature

**Communication Faculty** 



## What to expect: what we are doing in Y11 English and what you can expect to see in the coming months

- Frequent practice of exam type questions and teacher modelling to provide scaffolded framework supporting student progress.
- November PPE Paper 2 Language (non-fiction) and Literature Paper 1: Macbeth and A Christmas Carol.
- After school interventions and Crew interventions to support students below target or aspiring for higher grades before both PPEs and final exams.
- Connect activities at the start of all Year 11 lessons revising essential knowledge -retrieval and low stakes testing.
- Writing Fridays department initiative to boost narrative and non-fiction writing skills.
- Robust feedback and personal checklists after both sets of mock exams/all assessments to identify student gaps in knowledge and allow opportunities to upgrade.
- Regular Literature and Language formative assessment homework set on Educake for all classes.
- Vocabulary extension activities and mats as this is deemed an important indicator of attainment in this summer's Examiner's Report.
- Regular opportunities for extended writing to build writing resilience.

## **Key Actions for English Year 11**

☐ Purchase *all* English Literature set texts. ☐ Ensure all poems in the Anthology are annotated. ☐ Be equipped with purple pen and highlighter. ☐ Ensure homework is completed. ☐ Familiarity with set texts- revise and reread. ☐ Encourage your child to read quality **fiction** and **non**fiction to help improve technical accuracy and widen their vocabulary. ☐ Investigate different apps and websites -BBC Bitesize, Sparknotes, Mr Bruff on YouTube and the GCSE Podcasts. ☐ Theatre Performances in school - A Christmas Carol and Narrative Writing workshop. **Watch filmed versions of the texts** with your child – Macbeth, A Christmas Carol, An Inspector Calls. Purchase study guides to increase their knowledge bases. E.g. CGP Revision guides and cards.



#### **AQA Literature Paper 1**

- 1 hour 45 mins. Shakespeare and 19<sup>th</sup> Century Novel.
- Section A: 20% one exploding extract essay
   question on 'Macbeth' [30 marks + 4 for AO4]
- Section B: 20% one exploding extract question on 'A Christmas Carol' [30 marks

#### **Eduqas Language Component 2**

- 2 hours. (non-fiction)
- Section A: 30% Read two non-fiction texts/extracts (one C19th and one C21st) and answer six questions.
- Section B: 30% Transactional/Persuasive
   Writing. Two compulsory writing tasks. e.g.
   letter, article, talk, speech, report, review.

#### **AQA Literature Paper 2**

- 2 hours 15 mins. Modern Drama & Poetry.
- Section A: 20% One whole-text essay on 'An Inspector Calls' (choice of two questions) [30 marks + 4 for AO4]
- Section B: 20% One comparative essay on AQA
   Poetry Anthology (one given poem) [30 marks]
- Section C: 20% i) Single poem analysis essay
   [24 marks] ii) Comparative question with AO2 focus [8 marks]

#### **Eduqas Language Component 1**

- 1 hour 45 mins. (fiction)
- Section A: 20% Read and answer five questions on the extract.
- Section B: 20% Narrative writing. One task picked from a choice of four titles.

SAMPLE summer 2025

Year 11
English
Revision
Countdown
to GCSEs
2025

Dates	Topic	Writing Friday			
		HALF TERM			
24-28 Feb	Literature Retrieval Co Unseen Poetry	Transactional			
3-7 March	Literature Retrieval Co Unseen Poetry	Transactional			
10-14 March	Literature Retrieval Co Unseen Poetry Assess Language C1B Narrati	Transactional			
17-21 March	Literature Retrieval Co Macbeth	C1 Unseen Fiction and homework			
24-28 March	Literature Retrieval Co A Christmas Carol	Narrative			
31 Mar – 4 April	Literature Retrieval Co C2 Language Unseen I	Narrative			
7-11 April	Literature Retrieval Anthology Poetry	Narrative			
	EASTER				
29 April- 3 May	Literature Retrieval An Inspector Calls	Unseen Poetry			
5 -9 May	Literature Retrieval Macbeth / A Christma	Unseen Poetry			
12-16 May	Literature Retrieval Anthology An Inspector Calls	<b>EXAM</b> : Mon 12 <sup>th</sup> May 8:50am AQA Literature Paper 1 (Macbeth/ACC)	C1 Unseen Fiction		
19-23 May	C1 Language: Unseen Fiction C2 Language: Unseen Non-Fiction	EXAM: Tues 20 <sup>th</sup> May 8:50am AQA Literature Paper 2 (AIC/Anthology/Unseen Poetry) EXAM: Fri 23 <sup>rd</sup> May 8:50am	Transactional		
		Eng. Language Component 1			
HALF TERM					
2-6 June	C2 Language Unseen Non-Fiction Transactional Writing	EXAM: Fri 6th June Eduqas Language Component 2 -Non- fiction			

## ENGLISH FOCUS FIVE PLEDGE 1) Connect activity 'clock' retrieval

- Connect activity 'clock' retrieval practice for AIC and ACC literature text.
- 2) Regular assessments in both literature and language with teacher feedback.
- 3) Countdown revision programme of all Language and Literature units begins after February PPE.
- 4) Explicitly teaching whole school revision strategies in lessons especially mind-maps and cue cards (funnelling).
- 5) Weekly Educake formative assessment homework.

# How we revise at Countesthorpe Academy

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

## Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## Pomodoro Technique



The Pomodoro method follows a basic pattern of 25 minutes of studying followed by a five-minute break, allowing for the perfect blend of study and rest.

## Past Papers

Doing practice papers is one of the most important revision techniques. Do as many as you can under exam conditions to get used to the time pressure. Check your answers on the mark scheme.

Surname	Other names
Pearson Edexcel Level 2 GCSE (9-1)	Candidate Numbe
Mathematics Paper 2 (Calculator)	
raper 2 (carculator)	
rapei 2 (calculator)	Foundation Tie

Blurting is very effective in English. It helps to give confidence as students see how much they know!

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

Students need to write down as much as they remember, as quickly as they can, on a specific topic. Here are some useful areas to blurt on!

## A Christmas Carol –quotes and vocabulary

- Scrooge's character at the start of the novel
- Scrooge's transformed character at the end
- The Cratchits
- Attitudes to Christmas
- The ghosts
- The structure of the novel and use of motif

## An Inspector Calls –quotes and vocabulary

- Mr Birling
- Mrs Birling
- Sheila
- Gerald
- Eric
- The Inspector
- Messages about society including context
- Dramatic structure and techniques

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

## Poetry Anthology–quotes and context

- Five quotes for each poem
- Setting and time
- Message about power and conflict
- Links to other poems

## Macbeth–quotes and vocabulary

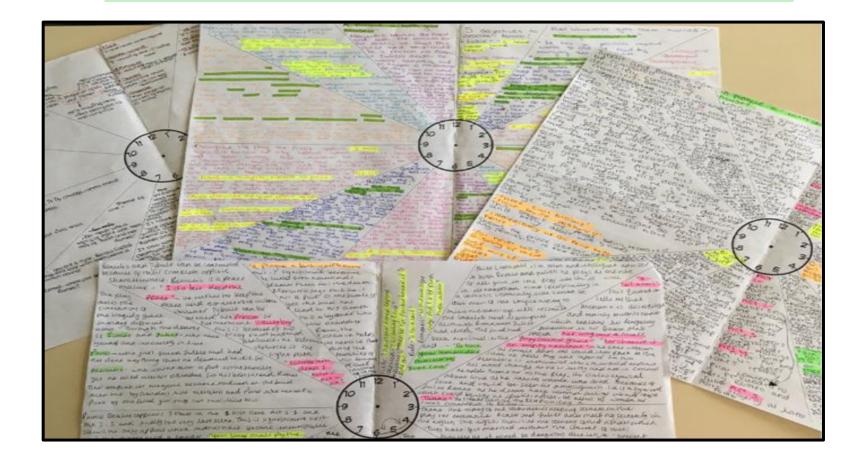
- Ambition
- Guilt
- How Macbeth changes
- Presentation of Lady Macbeth
- The influence of the supernatural
- The play's structure and motifs

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



We condense our notes using a range of strategies:

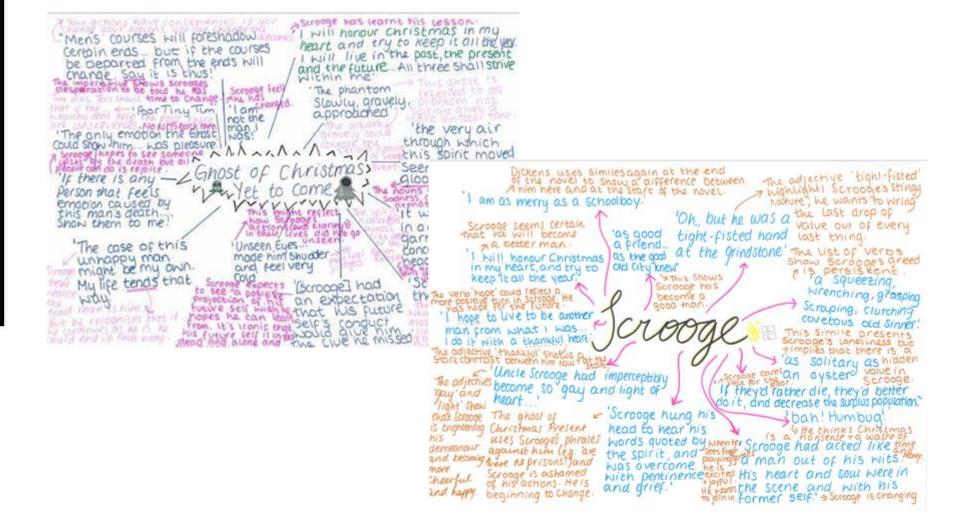
1) We will complete revision clocks as our connect activity in lessons for A Christmas Carol and An Inspector Calls – 5 minute recall



Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## 2) Mind-maps are used extensively to organise essay structures and recall of quotes/ideas



Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## 3) Anthology Poetry Revision sheets will be set for homework

Poetry Anthology Re	evision: Power and Conflict
pem and Poet:	
Five Key Quotes	
Quote	Meaning and poetic technique
ace and time written about	
ace and time written about	

Anthology Revision Sheet –post to Google classroom

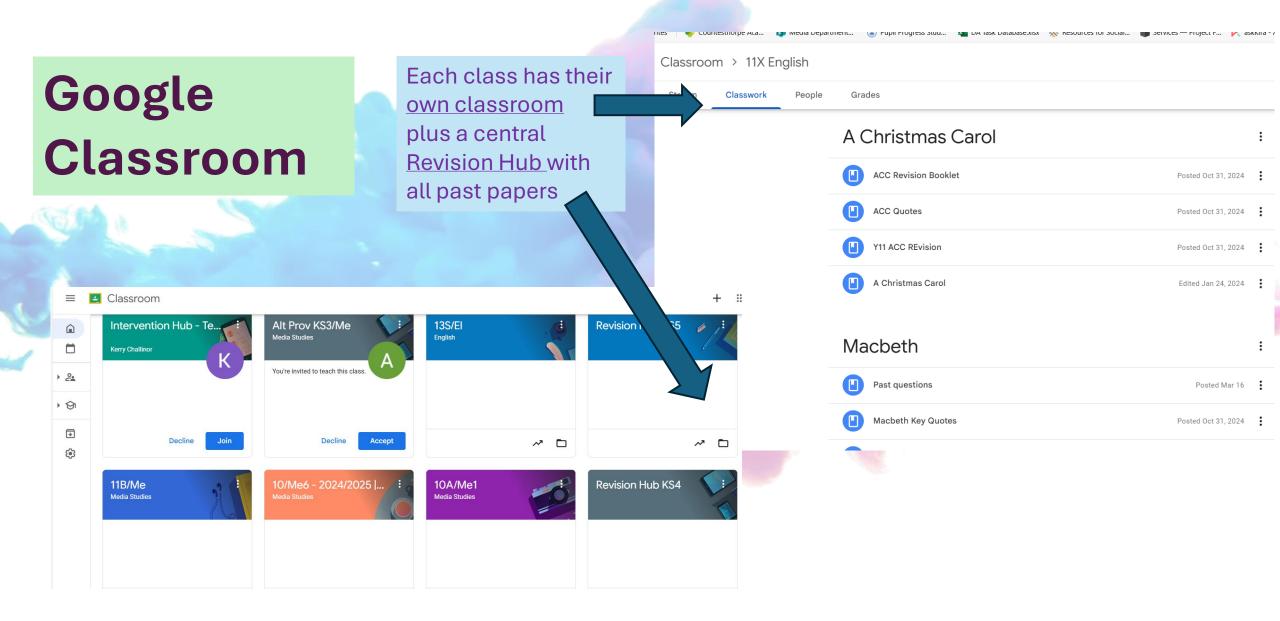
Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



4) Cue cards/ flashcards are very effective – the process of creation and reading/re-reading

1.5:63	LM	
Come	e dinnest smoke of hal @UKSINDYNotes	
	ont, was bard intelleus its larg, gashed the pronont, brit has bard intelleus its larg, gailte, gailtes, gailte	ns 1: 3: 37 Withes
	" nam "smoke" connotes signt obstruction: M can't see  "how "smoke" connotes signt obstruction: M can't see	
	Outromes, which they end up in depends on actions  religion → childhahilly  ' night' 'smore' → people cont see her evil intentions as the hides it 'play the numble host' → act  the she's a woman so people expect her to be innoted.	
	asite of the position of the copy of the c	metaphor: fate is predetermined  their magic has set up a Clockwork mechanism in which Macbeth would appear to have no thoice or free will audience may sympathise a biam e wither for regulide as they were believed to be evil and temonic
		spells from intyming couplets - witches only characters that consistently talk in them - up witches using power for bad -b registed women were poweriess of proves his the right choice as they comptwip over

## Where to look for resources and online revision



### Where to look for resources and online revision



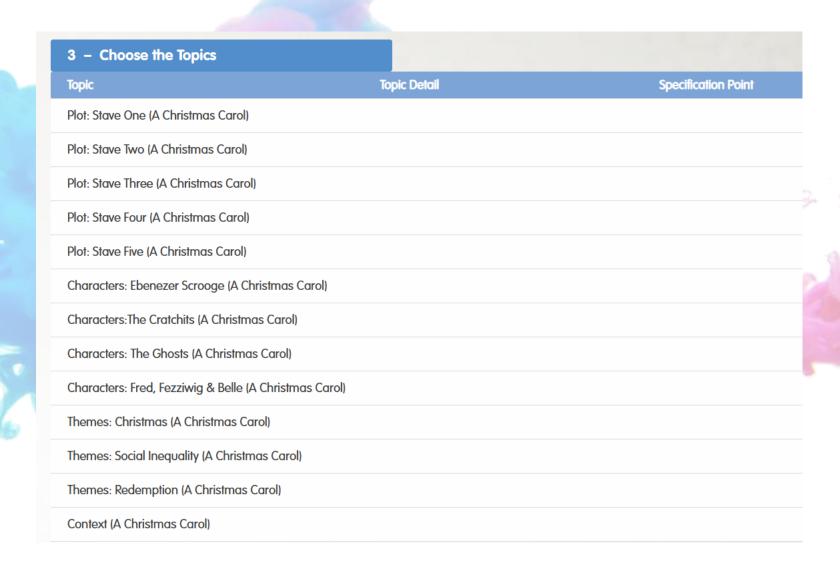
Weekly homework

**Every text covered** 

Language paper practice

Narrative and transactional writing techniques

Independent revision



## HOW **HOT** IS MY **ENGLISH LANGUAGE** REVISON?

Practise
identifying
AREDFOREST
in an
article

Read
example
newspaper
or
magazine
articles for
ideas

Write a
letter of
complaint
to
somewhere
you went
to recently

Write a review of a book, film or series.

Write a talk on how to revise for exams.

Write an article:
"A practical guide to..."
(your choice)

LUKEWARM M

RED HOT

Revise
narrative
/ prose
terminology

Learn
spellings
for key
words /
common
errors

Revise the rules for using different types of punctuation

Complete a sample Section A (reading) paper for C1 or C2 Write a paragraph describing what's around you. Use:

- 5 senses
- · imagery

Write a short story and ask your teacher for feedback

# HOW **HOT** IS MY **ENGLISH LITERATURE** REVISON?

Read through the notes 1 made in class

Write about the effect of some key quotes

Make a poster for my room & look at it every day

Watch/ make notes on a revision video on YouTube or TikTok.

#### Search:

- 'plot summary''Key themes'
- Character analysis'Grade 9 analysis'

Plan an essay on a theme include quotes, methods & context

Upgrade one of my essays using feedback

## LUKEWARM

RED HOT

Practice learning some key quotes

Make cue cards and use them to test myself

Get someone else to test me on key ideas

Mind-map or braindump everything you remember - then check it

Make notes from an online article or exemplar essay

Write an essay on a particular theme & ask my teacher for feedback



Tips on how to support your child with GCSE Maths Revision

# Welcome

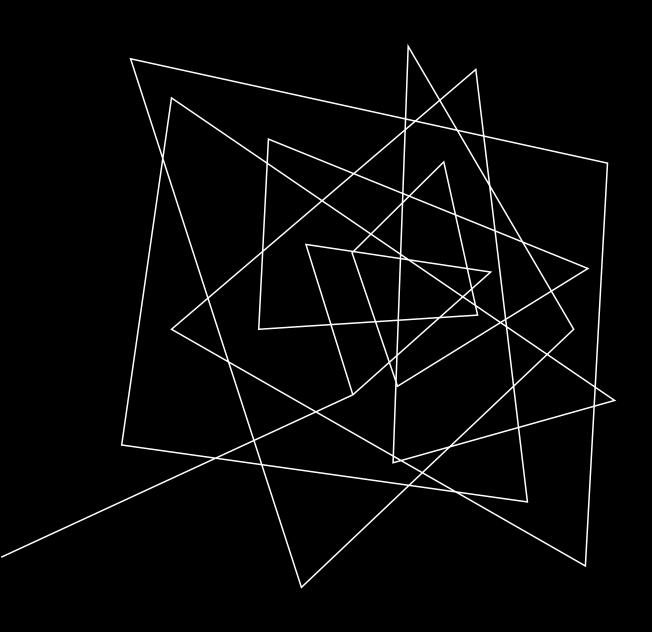
- 1. Introduction and purpose
- 2. Key insights and Common pitfalls
- 3. Effective revision strategies

# 1. INTRODUCTION & PURPOSE

Reinforce the advice given to students in our lessons Build confidence in parents so they feel they can support this

Work together to encourage students to take responsibility for their own learning

By sharing key insights, common pitfalls and good revision techniques



# 2. KEY INSIGHTS AND COMMON PITFALLS

# "Revising for MATHS IS DIFFERENT"

# Key insights

Emphasis on understanding rather than memorising.

Importance of communicating your work

Use of calculator

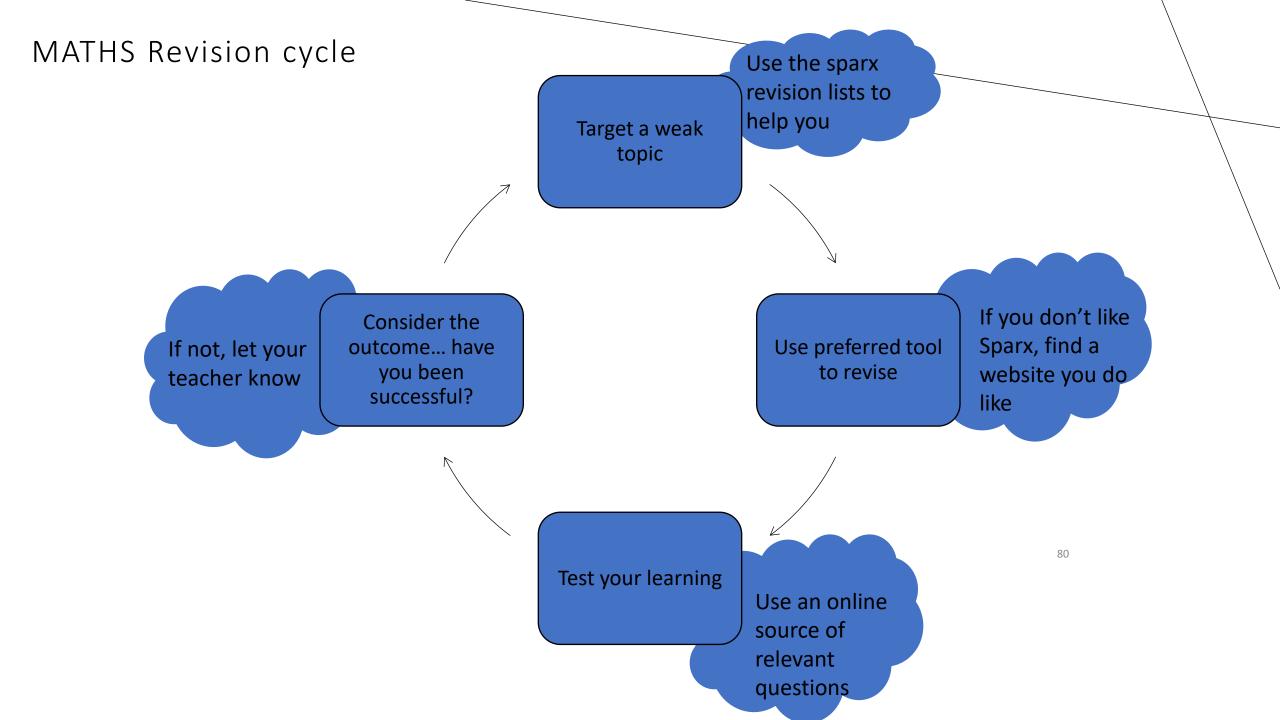
# Common pitfalls

Students revising by reading rather than by doing

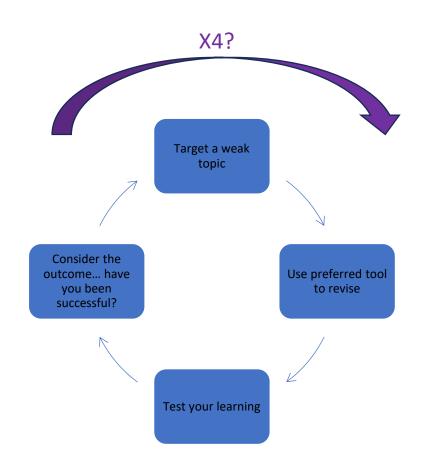
Completing lots of past papers without making progress

Unfamiliar calculator

3. Effective revision strategies



## How DO past papers Fit IN?



Complete a past paper after a set number of rounds around the cycle (eg 4)

Work under timed exam conditions (2hrs 15 mins) without any access to help/support

only use calculator for paper 2

Aim for a better score than the previous past paper...only possible if you mark and grade each paper you try!

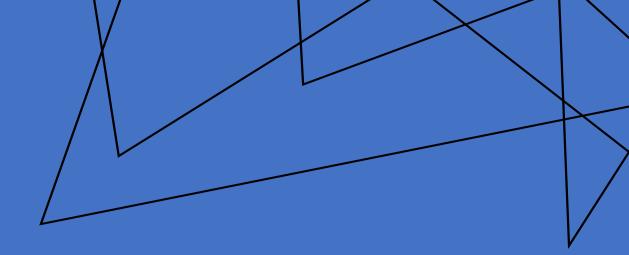
TOP TIP: WHEN THE TIME ENDS, CONTINUE WORKING IN A DIFFERENT COLOUR PEN. THIS WAY YOU CAN SEE WHAT YOU ARE MATHEMATICALLY CAPABLE OF VS. WHAT YOU CAN DO IN THE ALLOTED TIME.

Goal: squeeze down the amount of work in that 2<sup>nd</sup> colour next time

# Final tips & takeaways

# The 3 main bits

- Follow the revision cycle
- Mix it up with regular past papers
- Get to know your calculator and the correct equipment



#### GCSE Maths Revision Checklist - Foundation

Uni	t	Unit / Topic	Complete
Т	$\neg$	Integers and place value	
		Types of number	
	.	Use and order positive and negative numbers	U947
l'	٠,	Use inequality symbols	U600
		Four operations using positive and negative numbers	U417 U127 U
L		Round numbers to nearest 10, 100, 1000 and use rounding for estimation	U480
		Decimals	
П		Use decimals and place value	U435
П	ь	Compare and order decimal numbers	U435
П	٠	Four operations using decimal numbers	U478 U293 U
П		Round to nearest whole number, decimal place & significant figures	U298 U731 U9
L	_	Use one calculation to check another	U225
П		Indices, powers and roots	
П		Find squares and cubes	U851
П	٠	Use index notation including negative powers	U985 U694
П	١,	Use laws of indices to multiply and divide numbers in index form	U235
П		Order of operations including powers and brackets	U976
L	_	Use of calculator	U926
		Factors, multiples and primes	
П		Identify factors, multiples and prime numbers	U211 U236
П	d	Find prime factorisation of a number (& write in index form)	U739
П		Find common factors & highest common factor	U529
1		Find LCM of two (or three) numbers	U751 U250
П		Algebra: the basics	
П		Write an expression	U613
П	a	Collect like terms	U105
П		Simplify expressions	U105
L	_	Use index laws	U662
ш		Expanding and factorising single brackets	
	ь	Expand single brackets	U179
П	٦	Simplify expressions using squares and cubes	U179
L	_	Factorise expressions	U365
П		Expressions and substitution into formulae	
П	c	Substitute into expressions involving brackets & powers	U201
+	_	Substitute into a formula (& word formula)	U585 U144
П		Tables	
П	a	Sort and classify data (inc tally charts)	U653 U120
П		Extract data from lists and tables (inc timetables)	U981 U312
Н	-	Identify mode from a list / table	U260 U909
П		Charts and graphs	
П		Know which chart or diagram to use for different data sets	
П	ь	Draw and interpret bar charts (inc dual & composite)	U363 U557
П	D	Draw and interpret line graphs (vertical & time-series)	U193 U590
		Draw and interpret frequency polygons	U840 U506
1		Draw and interpret pictograms	
Н	-	Draw and interpret stem and leaf diagrams	U200 U909
1		Pie charts	
1	c	Draw and use pie charts	U508
1		Find mode & total frequency from a pie chart	U172
$\perp$	_	Compare two pie charts	U520
1	.	Scatter graphs	
	d	Draw and use scatter graphs & lines of best fit	U199 U277 U

U	Init	Unit / Topic		Complete
		Fractions		
		Equivalent fractions including simplifying & comparing		U704 U7
		Express one amount as a fraction of another		U163
	a	Convert between mixed numbers and improper fractions		U692
		Four operations using fractions		U475 U54
		Find a fraction of an amount		U881 U91
İ		Fractions, decimals and percentages		
	ь	Use fraction to decimal conversions		U888 U5
4	1	Recognise terminating & recurring decimals		U868
		Percentages		UUW
		Convert between fractions, decimals & percentages		U888
		Order & compare fractions, decimals & percentages		U594
		Write one amount as a percentage of another		U925
	c	Calculate percentage of an amount		U554
		Calculate percentage increase/decrease		U278
		Use decimals to find quantities (multiplier methods)		U349
		Increase / decrease an amount by a percentage		U349 U773 U6
-		Equations		511300
		Use function machines		
	a	Solve equations (inc brackets and unknowns on both sides)	11700	U325 U8
	a	Rearrange simple equations	U/55	U325 U8 U556
		Set up & solve equations to solve problems		U599
	-	Set up & solve equations to solve problems Inequalities		U599
		On a number line		U509
5	ь	Usting numbers that satisfy an inequality		U509
	ь			
		Solving inequalities and show the solution on a number line		U759
	_	Error intervals due to rounding & truncation		U657 U3
		Sequences		
	c	Continue sequences inc from pictures Find the orb term		U680 U2
				U498 U9
_		Use nth term rule to generate or continue a sequence		U498
		Properties of shapes, parallel lines and angle facts		
		Measure and draw lines, angles, 2D & 3D shapes		U102 U4
	a	Identify and name 2D shapes and their properties		U121
		Identify parallel and perpendicular lines		U121
5		Use angle facts - around a point, straight line, vertically opposite etc		U390 U7
	_	Use angle properties of parallel lines		U826
	١.	Interior and exterior angles of polygons		
	ь	Use sum of interior angles for irregular & regular polygons		U628 U73
_		Use sum of exterior angles for regular polygons		U427
	a	Statistics and sampling		
		Understand bias		U162
		The averages		
7		Use various charts & diagrams in relation to averages		U854
	ь	Calculate the mean, mode, median and range from a list	U526	U260 U4
		Median, mean and range from a table (discrete data)		U569
		Modal class, median and estimate of the mean from grouped data		U877
		Perimeter and area		
		Convert between metric measures		U388
		Read scales		U257
8	a	Time		U902
0	a	Perimeter of 2D shapes		U226 U3
		Area of 2 D shapes		U343
		Area of compound shapes		U970 U5
ш				

#### GCSE Maths Revision Checklist - Foundation

		11 1. Cm. 1			Unit	Help (Tenia	Complete
U	Init	Unit / Topic	Complete		Unit	Unit / Topic	Complete
8	ь	3D forms and volume Identify and name 3D forms and their properties Volume of a cuboid Volume of a prism	U719 U786 U174		14	Multiplicative reasoning Use compound measures: Pressure, Density & Speed Percentage profit / loss Reverse percentages Simple interest	U842 U527 U278 U286 U533
		Volume of a composite forms  Real-life graphs  Use coordinates in all four quadrants	U543 U789			Compound interest & growth Depreciation & decay Rates of pay	U332 U988 U256
9	a	Midpoints of a line segment Conversion graphs Fixed cost and cost per unit graphs Distance / time and Yelocity/ time graphs U403 U514	U933 U638 U610 U638 U937 U562	1	a	Plans and elevations 3D shape names and properties Sketch 3D forms Draw plans and elevations of shapes Draw a 3D form given its plan and elevations	U719 U761 U743 U743
	b	Straight-line graphs Draw, use and interpret (inc gradient) straight line graphs Identify parallel lines Inf the equation of a line (including from a graph) U315 Transformations: It ranslations, rotations & reflections	U741 U377 U477 U848	ľ	b	Constructions, loci and bearings Standard constructions Find regions satisfying a combination of loci Use maps and scale drawings Bearings Bearings	7 U787 U249 U820 U257 U525 U10
10	a	Transformations I: translations, rotations & reflections Transform and describe translations Transform and describe rotations Transform and describe reflections Transformations II: enlargements and combinations	U196 U696 U799	1	a	Quadratic equations: expanding and factorising Expand double brackes Factorise quadratic expressions Solve quadratic equations Quadratic equations Quadratic equations graphs	U768 U858 U960
	ь	Transform and describe enlargements Transform shapes using a combination of transformations Describe transformations when using multiple transformations	U519 U766 U766	ŀ	b	Quadratic equations; graphs Plot quadratic graphs Find solutions, intercepts & turning points of a quadratic graph Circles, cylinders, cones and spheres Name parts of a circle	U989 U667 U60
11	a	Ratio Write ratios in their simplest form (including in context) Share a quantity in a given ratio (including 3-part ratios) Use a ratio to find one quantity when another is known Compare ratios Write ratio in the form 1:n or n:1 Write ratio in the form 4:n or n:1 Write ratio as a fraction and vice versa	U687 U577 U753 U687 U176		17 a	Recall is use formula for area and circumference of a circle Arcs and sectors Surface area & volume of a cylinder Surface area & volume of a cylinder Fractions and receptorals Four operations with mixed number fractions Reciprocal of an integer, decimal or fractions	U604 U95 U221 U37: U464 U91 23 U893 U11 U793 U47:
	b	Proportion Use direct & inverse proportion (and recognise graphically) Best value Recipes Currency conversions	U721 U357 U2 U721	38	b	Indices and standard form Indice laws to simplify & calculate the value of an expression Convert between ordinary numbers and standard form Work with the four operations in standard form Use a calculator with indices and standard form Similarity and congruence in 2D Similarity and congruence in 2D	U662 U58 U330 U53 U290 U26 U161
	12	Right-angled triangles: Pythagoras and trigonometry Pythagoras' Theorem Trigonometry - sin, cos and tan Know exact trig values	U385 U605 U283 U5 U627	45 1	a	Use congruence criteria for triangles (SSS, SAS, ASA and RHS): identify similar shapes identify scale factors and find missing lengths in similar shapes <b>Vectors</b> Understand and use column notation including drawing them	U790 U86 U551 U578
	a	Probability I Probability scale Listing outcomes Two-way tables & Frequency Trees	U803 U408 U104 U280	-	b	Identify parallel column vectors Calculate using column vectors Rearranging equations, graphs of cubic and reciprocal functions and simultaneous equations	U660 U903 U56
13	b	Use 1-p Probability II Relative frequency Sample space diagrams Ven diagrams & ser notation Probability tree diagrams	U580 U104 U748 U296		20	know the terms equation, identity, expression etc. Change the subject of a formula Answer simple show that questions. Use inverse proportion involving graphs Recognise and sketch cubic functions seems of the state of the state of the state of the Solve simulations equations are disperbacially and graphically solve simulations equations are selected as the solve simulations equations are selected as the solve simulations expanded may be selected as the solve simulations expanded may be selected as the solve simulation of the solve simulation of the solve simulation of the solve simulation of the solve simulation of solve simulations are solve simulations.	U556 U887 U238 U980 U593 U836 U76

#### GCSE Maths Revision Checklist - Higher

Unit		Unit / Topic	Complete	1	Un	nit	Unit / Topic	Comple
Oilit	7	Calculations, checking and rounding U417 U478 U735 U127			- 01		Fractions	compie
		Four operations with decimals and whole numbers	0293 0433 080	4			Equivalent fractions including simplifying & comparing	U646 U746
- 1.	a	Use one calculation to find the answer to another		+			Express one amount as a fraction of another	U163
- 1 '		Product rule		-			Convert between mixed numbers and improper fractions	
			-		a		U692	
_	_		J731 U965 U22				Four operations using fractions	U736 U475
		Indices, roots, reciprocals and hierarchy of operations					Find a fraction of an amount	U881 U916
- 10	ь	Use index notation including fractional and negative powers	U851 U985 I	772			Convert between recurring decimals to fractions and vice versa	U689 U55
		Order of operations	U976	1			Percentages	
_	_	Factors, multiples and primes	0070	1			Use fraction to decimal conversions	U888
		Identify factors, multiples and prime numbers	U211 U236	+			Recognise terminating & recurring decimals	U550
	١	Find prime factorisation of a number (& write in index form)	11739	+			Convert between fractions, decimals & percentages	U888
- 1 '	١			-				
		Find common factors & highest common factors	U751 U529	4			Order & compare fractions, decimals & percentages	U594
		Find LCM of two (or three) numbers	U250			b	Write one amount as a percentage of another	U925
		Standard form and surds					Calculate percentage of an amount	U554
		Index laws to simplify & calculate the value of an expression	U662 U201	1	4		Calculate percentage increase/decrease	U278
	. 1	Convert between ordinary numbers and standard form	U330 U534	1			Use decimals to find quantities (multiplier methods)	U349
- 1	đ	Work with the four operations in standard form	U264 U290	1			Increase / decrease an amount by a percentage	U773 U67
		Use a calculator with indices and standard form		+			Reverse percentages	U286
			U161			_		U200
+	-	Simplify surd expressions U3	38 U633 U872 I	499			Ratio and proportion	U687
-1		Algebra: the basics		4			Write ratios in their simplest form (including in context)	
		Write an expression	U613				Share a quantity in a given ratio (including 3-part ratios)	U577 U59
		Collect like terms	U613				Use a ratio to find one quantity when another is known	U753
		Simplify expressions	U105	1			Compare ratios	J865
Н.	a	Use index laws	U662	1		c	Write ratio in the form 1:n or n:1	
11	- 1	Expand single & double brackets	U179 U768	1		١ ١	Write a ratio as a fraction and vice versa	U176
			+			Write a ratio as a linear function	0110	
			U365	-				
		Factorise quadratic expressions	U178 U858	4			Use direct & inverse proportion (and recognise graphically)	U238 U72
$\perp$	_	Factorise quadratic expressions using difference of two squares	U963				Recipes	
		Setting up, rearranging and solving equations					Currency conversions	U610
		Set up expressions and equations	U613 U599				Polygons, angles and parallel lines	
Ь	ь	Substitute into expressions, equations and formulae	J201 U585 U14				Measure and draw lines, angles, 2D & 3D shapes	U447
111		Solve linear equations and inequalities (13	25 U870 U505	738 11337			Identify and name 2D shapes and their properties	U121
		Change the subject of a formula	U556	00 0007			Identify parallel and perpendicular lines	U121
		Iteration	U434 U168	+			Use angle facts - around a point, straight line, vertically opposite etc	U390 U73
$\vdash$	-		U434 U108	-		a		11826
		Sequences		4			Use angle properties of parallel lines	
		Continue sequences inc from pictures	U213		5		Use sum of interior angles for irregular & regular polygons	U427
		Find the nth term	U498 U978		- 1		Use sum of exterior angles for regular polygons	U427
		Use nth term rule to generate or continue a sequence	U530	1			Use the side/angle properties of compound shapes made up of triangles, lines and	U329
10	cΙ	Find the nth term of a quadratic sequence	U206	1			quadrilaterals	
		Distinguish between arithmetic and geometric sequences		1			Pythagoras' Theorem and trigonometry	
		Recognise and use simple geometric progressions		1			Pythagoras' Theorem	U385
				-		ь	Trigonometry - sin, cos and tan	
П		Find term to term rule of a geometric sequence, including negative, fraction and decimal terms	U680					U545 U28
+	-		_	4	$\vdash$	-	Know exact trig values	U319
П		Averages and range		4			Graphs: the basics and real-life graphs	
П		Use various charts & diagrams in relation to averages	U717				Use coordinates in all four quadrants	U789
П		Two way tables	U981				Conversion graphs	J638 U61
П	a	Calculate the mean, mode, median and range from a list U526	U456 U260 U29	1		a	Fixed cost and cost per unit graphs	U256 U86
П	- 1	Median, mean and range from a table (discrete data)	U569	1		11	Distance / time and Velocity/ time graphs	U403 U93
П		Modal class, median and estimate of the mean from grouped data	U877	1			Midpoints of a line segment	U933
П		Draw and interpret stem and leaf diagrams	U200 U909	+			Calculate the length of a line segment	U889
Н	-		D200 U909	4		$\vdash$		nasaa
П		Representing and interpreting data		4			Linear graphs and coordinate geometry	
П		Know which chart or diagram to use for different data sets	U717	4			Draw, use and interpret (inc gradient) straight line graphs	U741
П		Draw and interpret bar charts (inc dual & composite)	U363 U557	1	6	ь	Find the equation of a line through two points	U848
П		Draw and interpret line graphs (vertical & time-series)	U590 U193	1		0	Find the equation of a line (including from a graph)	U315 U47
ь	ы	Draw and use pie charts	U508 U172	1			Identify parallel and perpendicular lines	U377
1	- 1	Find mode & total frequency from a pie chart	U854	1			Generate equations of parallel and perpendicular lines	U377 U89
П		Compare two pie charts		+		$\vdash$	Quadratic, cubic and other graphs	0017 000
П			U854	4				
П		Produce and interpret histograms	U185 U814	983			Plot quadratic graphs	U989
L	_	Compare distributions	U520			c	Find solutions, intercepts & turning points of a quadratic graph	U601 U66
	T	Scatter graphs		1		'	Recognise and sketch cubic functions	U980
		Draw and use scatter graphs & lines of best fit	U199 U128				Recognise and sketch reciprocal functions	U593

#### GCSE Maths Revision Checklist - Higher

Ur	nit	Unit / Topic		Complete	l	Un	it	Unit / Topic	Complete
	т	Perimeter, area and circles			1			Similarity and congruence in 2D and 3D	
		Convert between metric measures		U338 U468 U	0.49			Use congruence criteria for triangles (SSS, SAS, ASA and RHS);	U790 U866
		Read scales		U102				Use formal geometric proof involving similarity & congruence	U887
						12	,		
	a	Perimeter of 2D shapes		U934 U351		٠.		Identify similar shapes	U551
		Area of 2 D shapes and compound shapes		U993 U575 U	265			Identify scale factors and find missing lengths in similar shapes	U578
		Name parts of a circle		U767	1			Use length, area and volume scale factors	U110 U630
		Recall & use formula for area and circumference of a circle		U950 U604	1				U334 U350
		Arcs and sectors		U221 U373		_		Area and surface area of frustums	U334 U350
	-			0221 03/3				Graphs of trigonometric functions	
		3D forms and volume, cylinders, cones and spheres						Recognise, sketch and interpret graphs of the trigonometric functions	U450
7		Identify and name 3D forms and their properties		U719 U761			а	Exact trig values	U627 U319
,		Volume of a cuboid		U786	1			Transforming graphical functions	U598 U487
		Volume of a prism		U174	1		-		U598 U48
	ь	Volume of a composite forms		U543 U426	1	13		Further trigonometry	
					1			Formula for area of a triangle	U592
		Surface area of prisms & simple compound forms		U929 U142 U	259		b	Sine rule in 2D and 3D	U952
		Surface area & volume of a cylinder		U915 U464			-	Cosine rule in 2D and 3D	U591
		Spheres, pyramids, cones, frustums and composite solids.		U871 U523 U	834				
	-	Accuracy and bounds						Pythagoras Theorem in 3D	U385
		Calculate the upper & lower bounds of numbers		U657				Collecting data	
	6				-		a	Types of data	U322
	1.	Calculate the upper & lower bounds of an expression		U587			-	Rias and eliminating bias	U162
		Use error intervals (inc truncation)		U301			-		0102
		Transformations			1			Cumulative frequency, box plots and histograms	
		Transform and describe translations, rotations & reflections		U196 U696 U	199	14		Construct & interpret cumulative frequency tables/graphs	U182
		Transform and describe enlargements inc fractional and negative SF		U519 U134		14		Median, quartiles & interquartile range from cumulative diagrams	U642
	a				-		ь	Construct & interpret box plots	U879
	1.	Transform shapes using a combination of transformations		U766			О		
		Describe transformations when using multiple transformations		U766				Median, quartiles & interquartile range from box plots	U837
		Describe the changes & invariance achieved by combinations of transformations			1			Construct & histograms	U185 U814
	-	Constructions, loci and bearings			1			Estimate the mean and median from a histogram	U983 U267
8		Draw plans and elevations of shapes		U743		-	_	Quadratics, expanding more than two brackets, sketching graphs, graphs of circles,	U903 U201
				U743	-			cubes and quadratics	
		Draw a 3D form given its plan and elevations							
	ь	Use maps, scale drawings & bearings						Sketch quadratics	U989
	0	Standard constructions	U678	U187 U787 U	245 U97	15		Identify roots, turning points and intercepts of quadratic graphs	U667
		Find regions satisfying a combination of loci		U820		15	)	Completing the square	U589 U769
		Find and describe regions satisfying a combination of loci, including in 3D		0020	1			Expand the product of more than two linear expressions	U606
		Use constructions to solve loci problems including with bearings			1				
	-				-			Sketch cubics	U980
		Solving quadratic and simultaneous equations						Solve simultaneous equations graphically	U875 U269
		Set up and solve quadratic equations		U960 U601				Solve and represent quadratic inequalities	U133
		Completing the square		U589	1			Circle theorems	
	a	Quadratic Formula		U665	1		a	Parts of a circle	U767
	1 "	Solve simultaneous equations algebraically and graphically (linear/linear)		U760 U757 U	20		a		
					530	16		Prove, recall and apply circle theorems U251 U	489 U130 U4
9		Solve simultaneous equations algebraically and graphically (linear/quadratic)		U547 U875		16		Circle geometry	
		Solve simultaneous equations algebraically and graphically (linear/circle)		U567			ь	Recognise and construct the graph of a circle	U567
		Inequalities			1		_	Find the equation of a tangent to a circle	U567
		On a number line		U509	1		_		U367
	ь	Listing numbers that satisfy an inequality		U509	1			Changing the subject of formulae (more complex), algebraic fractions, solving	
	0							equations arising from algebraic fractions, rationalising surds, proof	
		Solving inequalities and show the solution on a number line		U759, U738,	J145			Rationalise the denominator involving surds	U707 U28
		Represent and interpret inequalities graphically		U747 U133					7 U292 U45
		Probability			1				
		Probability scale		U803 U408	1	17	7	Change the subject of a complex formula	U556
				U369				Algebraic Proof	U582
		Listing outcomes			1			Functions & function notation	U637
		Two-way tables		U104	1			Inverse functions	
1	0	Frequency trees		U280					U996
		Use 1-p		U683	1	_		Composite functions	U448 U895
		Relative frequency		U166	1		ΙП	Vectors and geometric proof	
								Understand represent and use vector notation, including column notation	U632 U903
		Sample space diagrams		U104			ш	Find the length of a vector	J032 080.
		Venn diagrams & set notation		U476 U748 U		18			
		Probability tree diagrams		U558 U729 U	806			Calculate the resultant of a vector	
		Multiplicative reasoning			1			Geometric problems in 2D where vectors are divided in a given ratio.	U781
		Best value			1			Geometrical proofs to prove points are collinear & vectors/lines are parallel	U560
				L	1		-		0000
		Use compound measures: Pressure, Density & Speed	U5	27 U151 U910				Reciprocal and exponential graphs; Gradient and area under graphs	
		Percentage profit / loss		U278			a	Recognise, sketch and interpret reciprocal graphs	U593
				LIDDO	1		a	Calculate and interpret the area under a curve	U882
1	1								
1	1	Reverse percentages Simple interest		U286 U533		19		Calculate and interpret gradient of a tangent to a curve	U800

#### GCSE Mathematics Foundation Tier

or BODMAS. Use the correct order Look for the biggest square number

#### Division and Multiplication Addition and Subtraction Types of number

Integer: a "whole" number Factors; the divisors of an integ Factors of 12 are 1, 2, 3, 4, 6, 12 Multiples; a "times table" for a → Multiples of 12 are 12, 24, 36 ... Prime number: an integer which has exactly two factors (1 and the number

#### itself). Note: 1 is not a prime number. HCF, LCM

Highest Common Factor (HCF) → Factors of 6 are 1, 2, 3, 6 Factors of 9 are 1, 3, 9 HCF of 6 and 9 is 3 Lowest Common Multiple (LCM)

Multiples of 6 are 6, 12, 18, 24, Multiples of 9 are 9, 18, 27, 36, ... LCM of 6 and 9 is 18

Prime factors Write a number as a product of its prime factors; use indices for

repeated factors:  $720 = 5 \times 3^2 \times 2^4$ 

 $a^{-n} = \frac{1}{a^n}$  $3^{-4} = \frac{1}{3^4} = \frac{1}{81}$ 

Calculating with fractions  $\frac{4}{5} - \frac{1}{3} = \frac{12}{15} - \frac{5}{15} = \frac{7}{15}$ 

 $\frac{4}{7} \times \frac{2}{3} = \frac{8}{21}$ 

 $\frac{2}{7} \div \frac{5}{6} = \frac{2}{7} \times \frac{6}{5} = \frac{12}{35}$ 

 $\frac{5}{8} = 5 \div 8 = 0.625$ Use place values to change decima to fractions. Simplify where possil

 $\bullet$  0.45 =  $\frac{45}{100}$  =  $\frac{9}{20}$ Learn the most free

of operations; take care when using a factor of the number:  $\Rightarrow$   $\sqrt{80} = \sqrt{16 \times 5} = 4\sqrt{5}$ • Brackets Standard form Indices (or pOwers)

> and n is an integer Standard units 1 tonne = 1000 kilograms 1 kilogram = 1000 grams

1 kilometre = 1000 metre: 1 metre = 100 centimetres = 1000 millimetres 1 centimetre = 10 millimetres 1 day = 24 hours 1 hour = 60 minutes = 3600 seconds

1 minute = 60 seconds Rounding Truncate the number, then use a "decider digit" to round up or down.

Decimal places: use the decimal point

162.3681 to 2dp;

162.36 | 81 = 162.37 to 2dp

Significant figures: use the first non-

granicant rigures: use the first non-erro digit.

162.3681 to 2sf;
16 | 2.3681 = 160 to 2sf

0.007 03 | 9 = 0.007 04 to 3sf

Error intervals

 $\frac{a}{b} = a + b$ 

particular value of x  $\Rightarrow$  2x + 1 = 7 is true if x = 3

...but an identity is true for ever  $(x + a)^2 \equiv x^2 + 2ax + a^2$ 

 $\frac{a^{x} \times a^{y} = a^{x+y}}{\frac{a^{x}}{a^{y}} = a^{x-y}}$  $(a^x)^y = a^{xy}$ 

0.5 0.25 0.1 0.2 0.75  $\Phi\left(\frac{2pq^4}{p^3q^3}\right)^3 = \frac{6p^3q^{12}}{p^6q^3} = \frac{6q^6}{p^6} \text{ or } 8q^9p^{-4}$ 

y = 4 Standard form numbers are of the form  $a \times 10^n$  where  $1 \le a < 10$  $y = x^2$ 

> Equation of straight line y = mx + c m is the gradient; c is the y intercept: Find the equation of the line Pythagoras Theorem. Links all three sides. No angles.  $a^2 + b^2 = c^2$ that joins (0.3) to (2.11) Find its gradient...  $\frac{11-3}{2-0} = \frac{8}{2} = 4$ Learn (or be able to find ...and its y intercept... Passes through (0, 3), so c = 3Equation is y = 4x + 3Trigonometry. Links two sides and one angle.

SOH CAH TOA Parallel lines: gradients are equal;  $\Rightarrow$  y = 2x + 3 and y = 2x - 5 both have gradient 2 so are parallel. fing brackets  $\sin\theta = \frac{\text{opp}}{\text{hyp}} \quad \cos\theta = \frac{\text{adj}}{\text{hyp}} \quad \tan\theta = \frac{\text{opp}}{\text{adj}}$ 

missing angle

p(q + r) = pq + pr 5(x - 2y) = 5x - 10y  $(x + a)(x + b) = x^2 + ax + bx + ab$  $(2x-3)(x+5) = 2x^2 - 3x + 10x - 15 = 2x^2 + 7x - 15$ 

Reverse of expanding is factorising -putting an expression into brackets. Quadratics

Put into brackets (taking care with any negative numbers)... (x-3)(x-5) = 0...then either x-3 = 0 or x-5 = 0so that x=3 or x=5.

 $a^2 - b^2 = (a + b)(a - b)$   $x^2 - 25 = (x + 5)(x - 5)$ 

Multiply to match a term in x or y  $\begin{cases} 10x + 15y = 55 \\ 9x - 15y = 21 \end{cases}$ Add or subtract to cancel 19x = 76, so x = 4Finally, substit

 $2 \times 4 + 3y = 11$ , so y = 1rrange a formula The subject of a formula is the term on its own. Use rules that "balance

Make x the subject of 2x + 3y = zHere, subtract 3y from both sides. ...then divide both sides by 2  $x = \frac{z - 3y}{2}$ 

Square numbers  $(n^2 = n \times n)$ : Cube numbers  $(n^2 = n \times n \times n)$ :

Here is pretty much all the Foundation Tier content we could fit onto an A3 sheet of paper, including all the formula you are required to show for GCSE. An → points to an illustrative example. The codes refer to the DfS subject con Fin this to a wall, keep it on your desk, carry it is your bag, make notes on it (sorty, don't take it into the examination).

p = x(equally likely favourable outcomes)

The longest side of any right angled triangle is the hypotenuse; check that your answer is consistent with this

Special values of sin, cos, tan 0 0 1 1

45  $\frac{1}{\sqrt{2}}$   $\frac{1}{\sqrt{2}}$ 60  $\frac{\sqrt{3}}{2}$   $\frac{1}{2}$   $\sqrt{3}$ 90 1 0

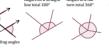
Use "2ndF" or "SHIFT" key to find a = 0.5 0.5 p = 1 Area of triangle =  $\frac{1}{n} \times$  base  $\times$  height Volume of cuboid = length  $\times$  width  $\times$  height Multiply for independent events
P(6 on dice and H on coin)

Area of trapezium =  $\frac{1}{2}(a+b) \times h$ Parts of a circle

1  $Arc length = \frac{\theta}{360^*} \times \pi \times D$ Volume of cylinder =  $\pi r^2 \times \text{height}$ Area of sector =  $\frac{\theta}{360^{\circ}} \times \pi \times r^2$  Volume of prism = area of cross section × length

Rotation Enlargement Centre of enlargement
 Scale factor (if SF < 1 the</li> Translation
• Vector Angle of rotation
 Clockwise or anticlockwise shape will get smaller).

Angle facts Equal angles in parallel lines: Angles on a straight Angles in a full always use correct terminology... line total 180° turn total 360°









Ratio and fractions Link between ratios and fractions

Boys to girls in ratio 2:3  $\frac{2}{\pi}$  are boys,  $\frac{3}{\pi}$  are girls. 1 8 27 64 125 nth term of an arithmetic (linear) sequence is an + d

→ nth term of 5, 8, 11, 14, ... is 3n+2 (always increases by 3 first term is 3 × 1 + 2 = 5) Percentages

 $y \text{ percent of } x = \frac{y}{100} \times x$ ♣ Increase £58 by 26%  $\frac{26}{100} \times £58 = £15.08$ £58 + £15.08 = £73.08

v as a percentage of  $x = \frac{y}{x} \times 100\%$ The population of a toy ses from 3500 to 4620 Find the percentage increase  $\frac{1120}{3500} \times 100\% = 32\%$ 

Note: fraction = increase original Learn the most frequently used ones

50% 25% 10% 20% 1% Speed, distance, time Speed = distance time A car travels 90 miles in 1 hour 30 minutes. Find its average spee 90 miles + 1.5 hours = 60 mph

Averages Mode: most frequently occurring Median: put the data in numerical order, then choose the middle one Mean = total of items of data number of items of data



 $a^{\left(\frac{p}{q}\right)} = \sqrt[q]{a^p}$  $3^{-4} = \frac{1}{3^4} = \frac{1}{81}$ 4  $8^{\left(\frac{2}{3}\right)} = \sqrt[3]{8^2} = 4$ 

PIXL

Surds

-

factor of the number:  $\sqrt{80} = \sqrt{16 \times 5} = 4\sqrt{5}$ 



Here is pretty much all the Higher Tier content we could fit onto an A3 sheet of paper, including all the formulae you ar required to know for GCSE. An  $\Rightarrow$  points to an illustrative example. The codes refer to the DfE subject content. Pin this to a wall, keep it on your desk, carry it in your haz, make notes on it (sorry, don't take it into the examination)... 

No angles.  $a^2 + b^2 = c^2$ 

Reflection Rotation

• Line of reflection • Centre of rotation



 $x^2 - 25 = (x+5)(x-5)$ 

The subject of a formula is the term on its own. Rearrange to

Make x the subject of 2x + ay = y - bx2x + bx = y - ayLook for the biggest square number

x(2+b) = y - ay $x = \frac{y - ay}{2 + b}$ 

Multiply the numerator and denominator by an expression that makes the denominator an integer:  $\frac{4}{\sqrt{7}} = \frac{4 \times \sqrt{7}}{\sqrt{7} \times \sqrt{7}} = \frac{4\sqrt{7}}{7}$ Combining functions: fg(x) = f(g(x))If f(x) = x + 3 and g(x) = 0 $fg(x) = x^2 + 3$   $gf(x) = (x + 3)^2$ The inverse of f is  $f^-$ 

and its v in

Passes through (0, 3), so c = 3Equation is y = 4x + 3

Parallel lines: gradients are equal

Translate  $\binom{0}{a}$  for y = f(x) + a

Reflect in x axis for y = -f(x)Reflect y axis for y = f(-x)

 $4 + \sqrt{5}$  $\Rightarrow$  If f(x) = 2x + 5 then  $= \frac{2}{4 + \sqrt{5}} \times \frac{4 - \sqrt{5}}{4 - \sqrt{5}} = \frac{2(4 - \sqrt{5})}{11}$  $f^{-1}(x) = \frac{x-5}{2}$ Standard form

n is an integer. Recurring decimals Make a recurring decimal a fraction: n = 0.236 two digits are in the recurring (this is the same as 23.636

Standard form numbers are of the form  $a \times 10^n$ , where  $1 \le a < 10$  and

99n = 23.636 - 0.236 = 23.4  $n = \frac{23.4}{99} = \frac{234}{990} = \frac{13}{55}$ perpendicular lines: gradients are "negative reciprocals". y = 2x + 3 and y = 2x - 5 are parallel to each other; y = 2x + 3Error intervals Find the range of numbers that will and  $y = -\frac{1}{2}x + 3$  are perpendicular round to a given value:

x = 5.83 (2 decimal places) 5.825 ≤ x < 5.835 y = 46 (2 significant figures) 45.5 ≤ y < 46.5

Note use of ≤ and ≤, and that the last
</p> significant figure of each is 5

An equation is true for some Velocity - time graph particular value of x  $\Rightarrow$  2x + 1 = 7 is true if x = 3 Gradient = acceleration (you may but an identity is true for every value of x  $(x + a)^2 \equiv x^2 + 2ax + a^2$ (note the use of the symbol =

 $y = x^2$   $y = x^3$  $a^2 - b^2 = (a + b)(a - b)$ 

> f a quadratic equation cannot be actorised, use the formula  $x = \frac{-b \pm \sqrt{b^2 - 4ac}}{}$ Solve  $2x^2 + 3x - 7 = 0$  $x = \frac{-3 - \sqrt{9 - (-56)}}{2 \times 2} = -2.73$

or  $x = \frac{-3 + \sqrt{9 - (-36)}}{2 \times 2} = 1.23$ Complete the square to find the turning point of a quadratic graph.  $y = x^2 - 6x + 2$   $y = (x - 3)^2 - 9 + 2$   $y = (x - 3)^2 - 7$ Turning point is at (3, -7)

 $x^2 + y^2 = r^2$  is a circle with centre (0,0) and radius r.  $\Rightarrow x^2 + y^2 = 25$  has centre (0,0) and radius 5

Equation of straight line y = mx + cm is the gradient; c is the y intercept: Find the equation of the line that joins (0,3) to (2,11)Solve  $\begin{cases} x + 3y = 10 \\ x^2 + y^2 = 20 \end{cases}$ Rearrange the linear, and substitute Find its gradient...  $\frac{11-3}{2-0} = \frac{8}{2} = 4$ 

into the quadratic x = 10 - 3yso  $(10 - 3y)^2 + y^2 = 20$ so  $(10-3y)^2+y^2=20$ Expand and solve the quadratic  $100-60y+9y^2+y^2=20$   $10y^2-60y+80=0$  y=2 or y=4Finally, substitute into the linear and

solve, pairing values...  $x + 3 \times 2 = 10$  so  $(x, y) = \{4, 2\}$   $x + 3 \times 4 = 10$  so  $(x, y) = \{-2, 4\}$ 10th term of an arithmetic (linear)

sequence is bn + c  $\rightarrow nth term of 5, 8, 11, 14, ...$ Starting with the curve y = f(x): is 3n+2 (always increases b first term is  $3 \times 1 + 2 = 5$ ) first term is  $3 \times 1 + 2 = 5$ ) with term of a quadratic sequence is  $an^2 + bn + c$ First three terms of  $n^2 + 3n - 1$  are 3, 9, 17, ...Translate  $\binom{-a}{0}$  for y = f(x + a)

Geometric sequence; multiply each term by a constant ratio 3, 6, 12, 24, ... (ratio is 2) a point to find the gradient):

Area under curve = distance travelled.

Fibonacci sequence; make them by adding the previous \$2,4,6,10,16,26,42,...\$ Fibonacci sequence: make the next

You will be given the formula to use: Solve  $x^3 + 6x + 4 = 0$  by using the iteration  $x_{n+1} = \sqrt[3]{6x_n - 4}$ Start with  $x_1 = -2.8$ Repeat until you know the solution, or  $y = a^x$  $y = \sin(x^{\alpha})$   $y = \cos(x^{\alpha})$   $y = \tan(x^{\alpha})$ 

you do as many as the question says Trigonometry.
Links two sides and one angle.
SOH | CAH | TOA  $\sin\theta = \frac{\text{opp}}{\text{hyp}}$   $\cos\theta = \frac{\text{adj}}{\text{hyp}}$   $\tan\theta = \frac{\text{opp}}{\text{adj}}$ Use "2ndF" or "SHIFT" key to find a missing angle

> 90 1 0

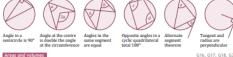
> > Ratios in similar shapes and solids:

• Length/perimeter 1:n

The longest side of any right angled triangle is the hypotenuse; check that your answer is consistent with this.

Sine Rule Special values of sin, cos, tan Learn (or be able to find Use if you are given an angle-side pair  $\frac{a}{\sin A} = \frac{b}{\sin B} = \frac{c}{\sin C}$ Missing side:  $\theta^{\mu} = \sin \theta^{\mu} = \cos \theta^{\mu} = \tan \theta^{\mu}$ 0 0 1 1 Missing angle: Cosine Rule 45 1 1 1 Use if you can't use the sine rule A is opposite a Missing side:  $a^2 = b^2 + c^2 - 2b \cos A$ 

 $Missing angle: \quad \cos A = \frac{b^2 + c^2 - a^2}{}$ 



Circumference of circle =  $\pi \times D$  Area of triangle =  $\frac{1}{2}ab\sin C$ Area of circle =  $\pi \times r$ 0  $Arc length = \frac{\theta}{360^{\circ}} \times \pi \times D$ Area of trapezium =  $\frac{1}{2}(a+b) \times h$ 

Area of sector =  $\frac{\theta}{360^{\circ}} \times \pi \times r^2$  Volume of prism = area of cross section × length Volume of cone =  $\frac{1}{2}\pi r^2 h$ Volume of frustum is difference between the volumes of two cones Enlargement
 Centre of enlargement

 $x_2 = \sqrt[3]{6 \times (-2.8) - 4} = -2.750$ ... number of fish after 6 years.  $x_1 = \sqrt[1]{6 \times (-2.750...) - 4} = 20\,000 \times 0.85^6 = 7500 (2sf)$ 

> Formula for compound interest Total accrued =  $P\left(1 + \frac{r}{100}\right)^{-1}$ ■ Linvest £600 at 3% compound erest. What is my account worth

after 5 years? E600 ×  $\left(1 + \frac{3}{100}\right)^5 = £695.56$ 

Direct & inverse proportion R10

y is directly proportional to x:

r = kx for a constant k

⇒ b is directly proportional to a<sup>2</sup>
a = 6 when b = 90 Find b if a = 8

 $b = ka^2$  a = 6 and b = 90 for k  $90 = k \times 6^2$  so k = 2.5, b = 2.5a  $b = 2.5 \times 8^2 = 160$ y is inversely proportional to x

yx = k or  $y = \frac{k}{n}$  for a constant kProbability rules

Multiply for independent events P(6 on dice and H on coin)

P(5 or 6 on dice)  $\frac{1}{6} + \frac{1}{6} = \frac{2}{6}$ Apply these rules to tree of

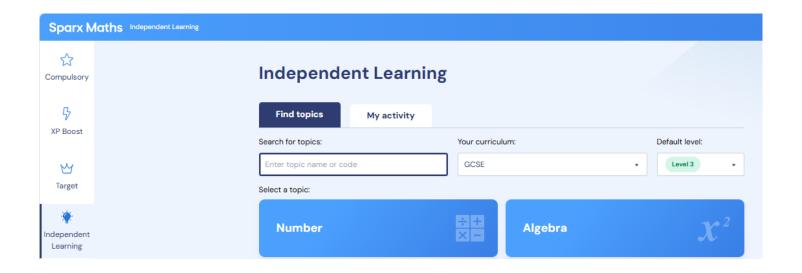
In general... P(A or B) = P(A) + P(B) - P(A and B) $P(A \text{ and } B) = P(A \text{ given } B) \times P(B)$ Histograms

Frequency = frequency density multiplied by class width. This means that bars with the same frequency have the same area.



Box plots Interquartile range (IQR) = UQ - LQ

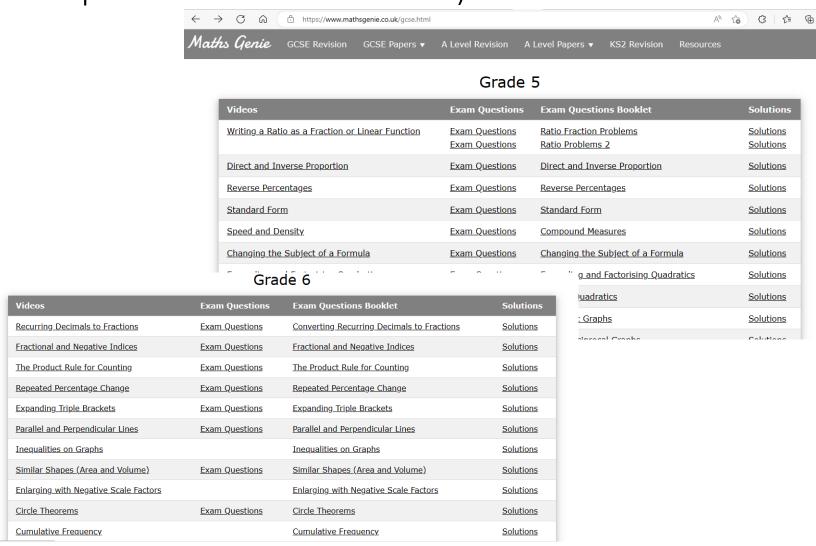
# Useful websites



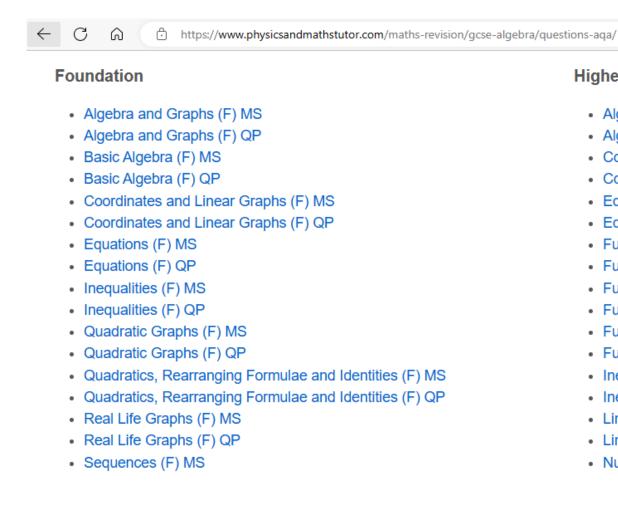
# Maths Genie – GCSE revision (videos/exam

questions/solutions (watch video/make a revision card of key info (Funnelling)/ then practise exam questions and mark these)

- You should be doing at least 2 hours a week at home (in 1-hour slots)
- Higher Students start with Grade 5 and above
- Foundation Students –
   Focus on Grade 5 and below
- Keep a note of what you have revised from your checklist (from Satchel:One)
- You have 6 weeks until the exam so start now to ensure success



# Physics and Maths Tutor - any exam board is fine



#### Higher

- Algebraic Fractions (H) MS
- Algebraic Fractions (H) QP
- Coordinates and Linear Graphs (H) MS
- Coordinates and Linear Graphs (H) QP
- · Equation of a Circle (H) MS
- Equation of a Circle (H) QP
- · Further Equations and Graphs (H) MS
- · Further Equations and Graphs (H) QP
- · Further Quadratics, Rearranging Formulae and Identities (H) MS
- Further Quadratics, Rearranging Formulae and Identities (H) QP
- Further Sketching Graphs (H) MS
- Further Sketching Graphs (H) QP
- Inequalities (H) MS
- Inequalities (H) QP
- Linear and Quadratic Equations and Their Graphs (H) MS
- Linear and Quadratic Equations and Their Graphs (H) QP
- Numerical Methods (H) MS

# How is Eduqas GCSE Maths Different from Other Boards?

Eduqas' GCSE in Mathematics is very similar to the qualification offered by the other major exam boards. It's a 9-1 GCSE fully regulated by Ofqual, and the content of the qualification is also very similar.

However, our approach to assessment sets us apart. Unlike other exam boards,

Eduqas requires learners to sit just two exam papers instead of three – one calculator, one non-calculator. Each exam lasts 2 hours and 15 minutes, and each paper has equal weighting towards the final grade.

This reduces the overall number of exams learners must prepare for and sit.



Sparx Science





**Sparx Maths** 

What Apps can be used to help revision?











## Sparx Science



#### **Personalised Practice:**

Tasks are tailored to your level, helping you focus on areas you need to improve.



#### Support Videos: Clear explanations for every topic to help you revise independently.



#### **Bookwork Checks:**

**Encourages writing out** answers to strengthen understanding.



#### **Times Table Boost:**

Regular practice to improve speed and accuracy.



#### **Revision That Sticks:**

Uses techniques like spaced repetition to help you remember more for longer.



#### Weekly Homework:

Designed to match your lessons and help you review key topics.



#### **Smart Questions:**

Helps you think like a scientist and understand concepts deeply.



## Instant Help: Every

question comes with support to guide you if you're stuck.



#### **Track Your Progress:**

See how you're improving and what to focus on next.



### Exam Ready: Covers all major GCSE topics with

practice that builds confidence.

> Sparx Science

**Sparx Maths** 

## English Literature

- Text-Specific Quizzes: Covers major GCSE texts like Macbeth, An Inspector Calls, A Christmas Carol, and poetry anthologies.
- Focus on Key Skills: Questions help with understanding plot, character, themes, and context.
- Knowledge Recall: Regular quizzes reinforce quotations, literary devices, and analysis.
- Spaced Practice: Helps keep texts fresh over time, avoiding last-minute cramming.
- Confidence Building: Familiarity with texts improves exam readiness and analytical writing.



## 🍊 English Language

- Paper-Specific Practice:
  - Paper 1: Fiction reading and creative writing.
  - Paper 2: Non-fiction reading and writing to present a viewpoint.
- **Model Responses**: Helps students understand what strong answers look like.
- **Skills Development**: Includes spelling, punctuation, grammar, proofreading, and vocabulary.
- **Instant Feedback**: Students learn from mistakes immediately and can retry quizzes.



## **General Benefits**

- Auto-Marked Quizzes: Saves time and gives quick results.
- •Personalised Learning: Students can quiz themselves or complete teacher-set tasks.
- •Progress Tracking: Helps students and teachers identify strengths and areas to improve.

## Design & Technology

- Covers key topics like materials, systems, and sustainability.
- Uses interactive content (GIFs, quizzes, podcasts) to make learning engaging.
- Helps students revise faster with spaced repetition and exam-board-aligned content.

## IT & Computer Science

- Supports topics such as networks, cybersecurity, and programming.
- Offers gamified quizzes and podcasts to simplify complex ideas.
- Provides instant feedback and tracks progress to help students focus on areas for improvement.



#### Seneca Learning

## Religious Education (RE)

- Covers major world religions and ethical themes.
- •Includes videos, animations, and quizzes to explain beliefs and practices.
- •Reinforces understanding through varied formats and exam-board-specific content.



- Exam-board specific content for CNAT Sport Studies and Sport Science.
- Interactive revision tools including mock exams, model answers, and infographics.
- Flexible learning: Students can revise at their own pace, anytime.
- Live sessions: Focused on key topics like injuries, training, and media in sport.
- Confidence building: Low-stakes quizzes and structured note-taking help reinforce learning.
- Teacher support: Automated homework, analytics, and personalised assignments reduce workload and improve outcomes.



# **Revision Hub KS4**

Generate link

Announce something to your class

 $\stackrel{\textstyle \rightarrow}{\downarrow}$ 

Customize

Thomas Kilsby posted a new material: 3.3 Water

:

kcfgc2t []

Thomas Kilsby posted a new material: 3.4 Desertification Apr 18

:

Upcoming

No work due soon

Thomas Kilsby posted a new material: 3.1 and 3.2 Ecosystems

Apr 18

:



# Year 11 Parent Update



- Weekly revision challenge using the apps below.
- Each week we choose a different app and track usage. Dates below.
- Weekly Amazon Voucher prize for top user and most improved user.
  - If your child wins, you get a prize too!

03/10/25 Sparx Maths

10/10/25 **GCSE**DOO education on demand



24/10/25 ☆ SENECA

Sparx Science

31/10/25





Sparx Science

**Sparx Maths** 

# WHY ARE APPS A GOOD TOOL FOR REVISION?











令 4G

Why revision apps are a useful tool.

- Easy to Access
- Revise anytime, anywhere—on their phone, tablet, or computer.
- Personalised Learning
- Apps adapt to their progress and help students focus on areas they need to improve.
- Fun and Interactive
- Quizzes, flashcards, and games make revision more engaging.
- Instant Feedback
- Get quick results and track their progress over time.
- Lots of Resources
- Access videos, practice questions, and exam-style tasks for different subjects.
- Helps with Organisation
- Set goals, plan their revision schedule, and stay on track.



# Science revision programme

Q Learn

Practice Practice

Check



## KS4 Year 11 Science PPE Revision Schedule 202526.docx



# PPE Science Assessment Revision September 2025-November 2025







Science revision programme at home

# PPE planning

**November PPEs** 

Paper 1 for Triple and Trilogy course

**Biology** 

**B1 Cells** 

**B2** Organisation

**B3** Infection and response

**B4Bioenergetics** 

### **Chemistry**

C1 Atoms and Periodic table

C2 Structure and bonding

C3Chemical Quantities

C4 Chemical Changes

C5 Energy Changes

### **Physics**

P1 Energy

P2 Electricity

P3 Particle Model of matter

P4 Radioactivity

**February PPEs** 

Paper 2 for Triple and Trilogy course

**Biology** 

**B5** Coordination and control

**B6 Genetics** 

**B7 Variation and evolution** 

**B8** Ecology

**Chemistry** 

C6 Rates of reaction

C7 Hydrocarbons

C8 Chemical Analysis

C9 The Atmosphere

C10 Sustainable development

**Physics** 

P5 Forces and motion

P6 Waves

P7 Electromagnetism

P8 Space - Triple Only

# How we revise at **Countesthorpe Academy**

## Blurting



It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

## Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.



## Pomodoro Technique



The Pomodoro method follows a basic pattern of 25 minutes of studying followed by a five-minute break, allowing for the perfect blend of study and rest.

## Past Papers

Doing practice papers is one of the most important revision techniques. Do as many as you can under exam conditions to get used to the time pressure. Check your answers on the mark scheme.

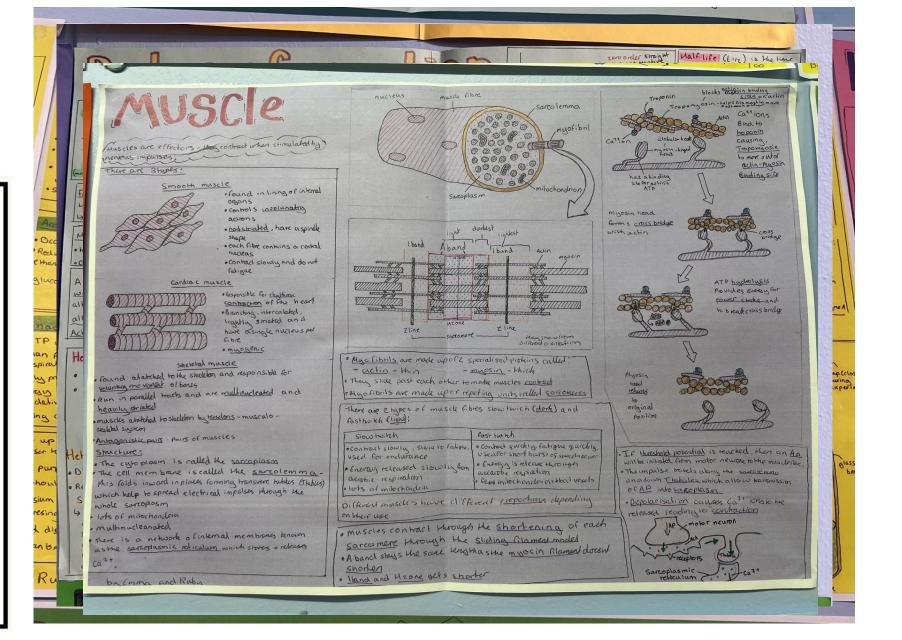
Sumarre	Other names
Pearson Edexcel Level 1/Level 2 GCSE (9-1)	Number Candidate Number
Mathematic Paper 2 (Calculator)	s
	Foundation Tier
Thursday 7 June 2018 – Morning Time: 1 hour 30 minutes	Paper Reference 1MA1/2F

How can I support my child with revision?

# Blurting



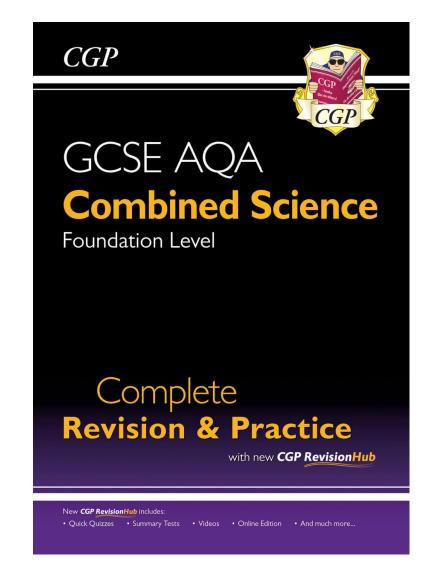
It's all about testing yourself repeatedly and it engages <u>active recall</u> to help you remember.

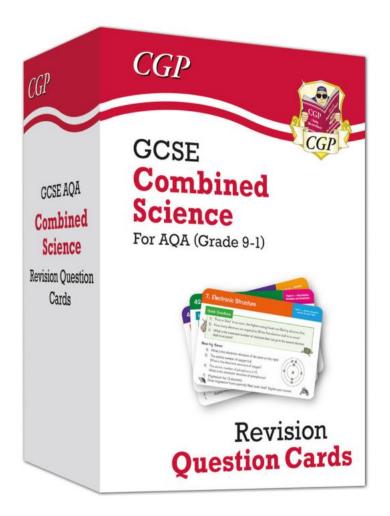


# Funnelling

Funnelling is a great way to ensure you have covered the information several times, and end up with a really good understanding of everything from the big to the small.









# **ON-Line resource banks**

Sparkx Science– computer assesed and teacher monitored Physics and maths tutor – key word cards, mindmaps, topic questions and answers

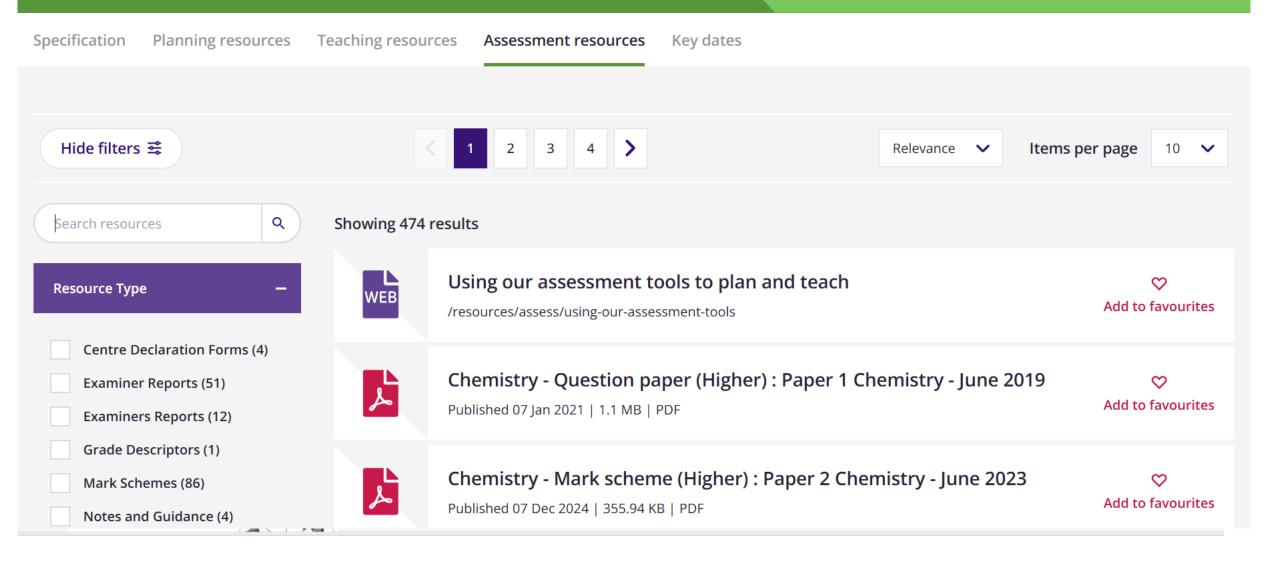
GCSE pod – revision materials and practice questions

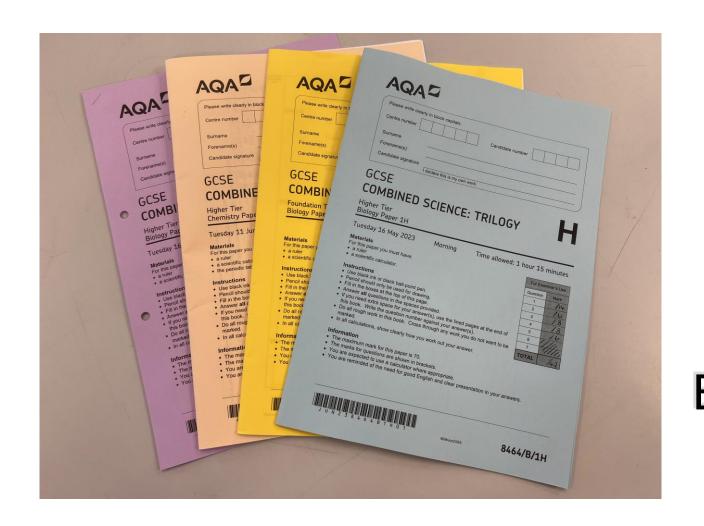


Walk through of exam papers

Useful to see and practice exam technique and understand what questions ask

# GCSE Combined Science: Trilogy 8464

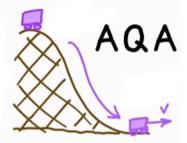




Exam practice
Use the mark
scheme
Time yourself
Exam walkthroughs



Q Search

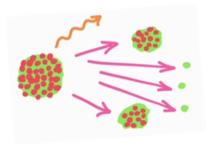


AQA GCSE Physics Paper

Triple/Separate Double/Combined Trilogy



HT/FT





Watchable by clcc.college.

All of AQA PHYSICS Paper 1 in 40 minutes - GCSE Science Revision



Science Shorts 2 316K subscribers



































# Exam Timetable

#### TRUM SHARE SCHOOL SERVINGS, BOX

	Entire Spheres	Congress Side:	From Earth	-	-	the state of	(man
POP IN	SMS-V. Running Studies	Wen Anwerdingtweet Regional St.	13.4am 17.	84	1817	14.80	18.40
NOTICE IN	WANT MANAGEMENT COMMITTEE	Pascolitines	N 848 ST	15040	DOM:	NM	10.00
hint:	MULTINAMINO DERIVED DANGE	Part of Street Ave.	Hamar.	200	1846	THE R	CHAIR.
NO.	MARIE Charlesto	Mythylia Shone (Extended) (8	0 M 0	44	14.46	10.86	
NOR	WAS develop	Allertains in Francis III	\$6.0ml (d)	44	1940	14.00	10.00
<b>HOE</b> C	DANCE DESCRIPTION OF THE PARTY	Sergraphical Disease St.	30 to 91	10040	ONIX	CHAC	Chief.
190.00	1000 tight & classifying distribution of	Interring Scientist St.	let size (d.	- 64	10.70	- 11 10	-
parmi -	SMESS CHINESE BRANCE	Party and Price 12	59 See 57	44	160.00	15.86	44
1900	MANUFACTURED TO STATE OF THE ST	Page 18	18 64 55	- 44	18.00	- mad	100
1900	2020 hergrungsgränd.	Interved W	Marine 17	. 69	28.00	10.00	100
hwist.	Albeit hosp organization	Bridge E.	Miller OF	44	10.60	11.86	100
NOTE:	MINIST Mathematics (Million), Continuently	Panel Williams	26-96-97	740	DMM	THE R.	1000
NCK.	509/9 Melysolocitrhon Faverer/S.	Figure of Statements	36-564-07.	200403	3346	Die.	CHOIC
Page 1	MODEL BOTTOM	Amon Inne Strended III	African St.	100	10.00	0.80	-
harlet.	MONTH PURE.	Manager or Francis St.	\$7.50m.16	100	mm.	0.00	-
NORTH	MINISTERNAL TRANSPORTER TO THE PARTY OF THE	Face OF	15 by 15	-	DAME	WHO I	SHIP
No.	STREET PROTOGRAM TOPING THE THROUGHOUTE	Charles Citizen & Company of all	Sign of	- 84	78.60	0.46	16.00
hoos.	STORED SINGLE-AND CONTRACTOR CONT	Reading and ROTING (formation) (1)	Mark of	44	SEA.	10.00	16.00
NO.	SHAPE CONSTRAIN	Sample Street Street St.	Mark of 1	94	SAM!	CHANC	CHOIC
NO.	SMATE Regulate Technology	Small Chrokets St.	\$6.00 ST.	44	14/94	NIM.	A MARK
PACKE.	Make the Property	Multiple Draine (Expended) (8)	in or of	89	mint.	11.50	-
NO.	MON Pure	physical in humans.	(May 10)	100	mm.	-	-
pariet .	Wind Commercials	Marry States Care ST	Of sec. of	100	network.	14.86	-
NO.	MAN CONTRACTOR	Manage Shames	the second	446	18.00	10.00	100
NO.	90414 to distribution or drain hand.	Municipal States Clark St.	(Manual)	44	10.46	10.00	144
NOW.	20618 Overland overs Dude hand	Multiple Done Schools Fill	(None Of	44	3649		-
luce.	90434 Corpological Sciences Decide Ameril	Manager to Facility N	Street ST	444	18.00		-
DOM:	MINES Recover, Names	Darw Bork IV	38 per 65	100000	(0000)	CHAR	CHOIC
DOM:	NASI (NEWLY)	Theory Arthropist 60	- VEND 10	- 84	9.0	110.80	100

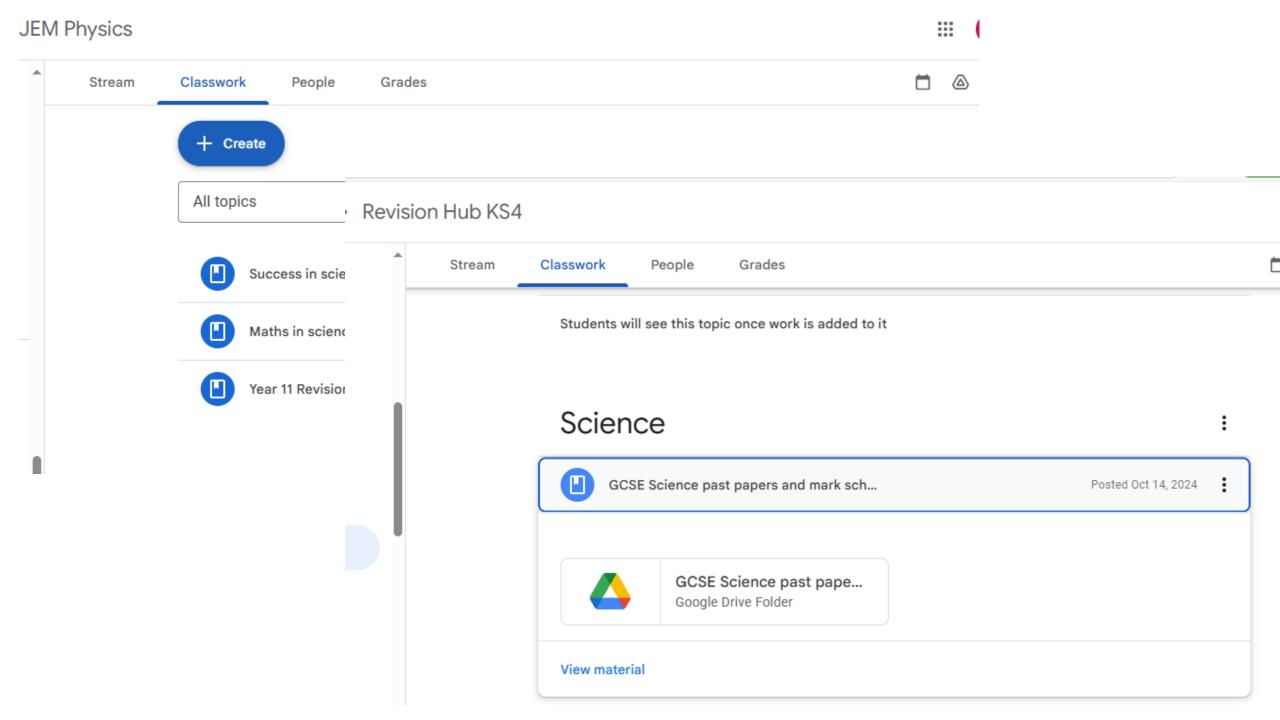


7.4.25 PHYS EXAM B2 AHA C1 CFR B3 AHA C2 CFR ISSU BIO2 QS  Easter Holiday  28.4.25 BIO EXAM C3 CFR P3 KFO B4 AHA PHYS QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook and ques  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Issued and ques  19.5.25 Physics Paper I EXAM QS2 Physics Paper Issued and ques	44.4.43	completion or	comes con and co	u e			
17.3.25  24.3.25  Maths lesson (P1 Energy), workbooks and skill development in class to align before revision programme starts  31.3.25  BIO EXAM CHEM EXAM P1 KPO B1 AHA P2 KFO ISSU QUESTIONS  7.4.25  PHYS EXAM QS1 CFR  Holiday  28.4.25  BIO EXAM C3 CFR  P3 KFO B4 AHA C2 CFR ISSU B102 QS  Easter Holiday  28.4.25  BIO EXAM C3 CFR  QS2 AHA  S.5.25  Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR  AHA Bio Biology PHYS AHA C5 KFO Chem workbook and ques  19.5.25  Chemistry PHYSICS AHA PHYSICS Physics Paper Legislations	3.3.25	Upgrading PPE	s with standardi	sed reso	urces	available on Goog	de classroom
24.3.25  Maths lesson (P1 Energy), workbooks and skill development in class to align before revision programme starts  BIO EXAM CHEM EXAM P1 KFO B1 AHA P4 KFO ISSU QUESTIONS  7.4.25  PHYS EXAM B2 AHA C1 CFR B3 AHA C2 CFR ISSU BIOZ QS  Easter Holiday  28.4.25  BIO EXAM C3 CFR P3 KFO B4 AHA PHYS QS AHA PHYS QS CFR ISSU QS CFR AHA PHYS QS CFR ISSU QS CFR AHA PHYS QS CFR AHA C5 CFR ISSU QS CFR AHA PHYS QS CFR AHA PHYS QS CFR AHA C5 CFR ISSU QS CFR AHA PHYS QS CFR AHA C5 CFR ISSU C5 CFR ISSU C5 CFR AHA C5 CFR ISSU C5 CFR	10.3.25						
and skill development in class to align before revision programme starts  31.3.25  BIO EXAM CHEM EXAM P1 KFO B1 AHA P2 KFO ISSI QUESTIONS  7.4.25  PHYS EXAM QS1 CFR  Holiday  28.4.25  BIO EXAM CS CFR  P3 KFO B4 AHA P4 KFO ISSI CHEM QS  Faster Holiday  28.4.25  BIO EXAM CS CFR  P3 KFO B4 AHA P4 KFO ISSI CHEM QS  S.5.25  Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSI QS2 CFR  AHA Bio Biology PHYS AHA PHYS QS2  12.5.25  Chemistry PHYSICS AHA PHYSICS Physics Paper Upblocked Castering Cas	17.3.25						
align before revision programme starts  31.3.25  BIO EXAM CHEM EXAM P1 KFO B1 AHA P2 KFO ISSU QUESTIONS  7.4.25  PHYS EXAM QS1 CFR  B3 AHA C2 CFR ISSU BIO2 QS  Easter Holiday  28.4.25  BIO EXAM QS2 CFR P3 KFO B4 AHA PHYS QS2 CFR AHA PHYS QS2  12.5.25  AHA BIO Biology PHYS AHA C5 KFO Chem workbook and questions  19.5.25  Chemistry PHYSICS AHA PHYSICS Physics Paper Ipploaded to provide the control of the contr	24.3.25	Maths lesson (	P1 Energy), wor	kbooks	Up	load revision reso	urces Google
31.3.25 BIO EXAM CHEM EXAM P1 KFO B1 AHA P2 KFO ISSI QUESTIONS 7.4.25 PHYS EXAM B2 AHA C1 CFR B3 AHA C2 CFR ISSU BIO2 QS  Easter Holiday  28.4.25 BIO EXAM C3 CFR P3 KFO B4 AHA P4 KFO ISSI CHEM QS  5.5.25 Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook and questions  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Uploaded consolidates  19.5.25 Physics Paper Uploaded consolidates						classroom (pape	r 1 and 2)
31.3.25 BIO EXAM QS1 CFR P1 KFO B1 AHA P2 KFO ISSU QUESTIONS  7.4.25 PHYS EXAM QS1 KFO B2 AHA C1 CFR B3 AHA C2 CFR ISSU BIO2 QS  Easter Holiday  28.4.25 BIO EXAM C3 CFR P3 KFO B4 AHA P4 KFO ISSU CHEM QS  5.5.25 Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook and ques PHYSICS AHA PHYSICS Paper Uploaded pages 19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Uploaded pages 19.5.25 Physics Paper Uploaded Physics Paper Physics Paper Physics Paper Physics Paper Physics Physics Paper Physics Paper Physics Physics Paper Physics Paper Physics Paper Physics Physics Paper Physics Physics Physics Paper Physics Physics Physics Paper Physics Physics Paper Physics Physics Paper Physics Physics Physics Paper Physics Physics Paper Physics P		align before	revision progra	mme	Set	first X2 half-pape	r exam Qs for
7.4.25 PHYS EXAM B2 AHA C1 CFR B3 AHA C2 CFR ISSU BIO2 QS  Easter Holiday  28.4.25 BIO EXAM C3 CFR P3 KFO B4 AHA PHYS QS2  S.5.25 Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook Paper 1 EXAM QS2  and ques PHYSICS AHA PHYSICS Physics Paper Issued and ques PHYSICS Physics Paper			starts			MONDAY:	31st
7.4.25 PHYS EXAM QS1 KFO BIO2 QS  Easter Holiday  28.4.25 BIO EXAM QS2 CFR P3 KFO B4 AHA P4 KFO ISSU CHEM QS  5.5.25 Bank holiday B5 AHA C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook and ques Physics Paper Liploaded C4 CFR ISSU QS2 CFR AHA C5 CHEM QS2  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Liploaded Cassaling CA CASS Physics Paper Liploaded Cass Physics Paper Physics Paper Liploaded Cass Physics Paper Physics Physics Paper Physics Paper Physics Physics Paper Physics Physics Paper Physics P	31.3.25	BIO EXAM	CHEM EXAM	P1 KFC	)	B1 AHA	P2 KFO ISSUE
Easter Holiday  28.4.25 BIO EXAM QS2 AHA  S.5.25 Bank holiday BS AHA CHM EXAM QS2 CFR AHA CH PHYS QS2  12.5.25 AHA Bio Workbook and ques  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper  Liploaded Liplo		QS1 AHA	QS1 CFR				QUESTIONS
Easter Holiday  28.4.25 BIO EXAM QS2 AHA  S.5.25 Bank holiday BS AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA C5 CHem C8  12.5.25 AHA Bio Workbook Paper 1 EXAM QS2 EXAM	7.4.25	PHYS EXAM	B2 AHA	C1 CFR		B3 AHA	C2 CFR ISSUE
Holiday  28.4.25  BIO EXAM QS2 AHA QS2 AHA  S.5.25  Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25  AHA Bio Workbook Paper 1 EXAM QS2 EX		QS1 KFO					BIO2 QS
28.4.25 BIO EXAM QS2 AHA C3 CFR P3 KFO B4 AHA P4 KFO ISSU CHEM QS  5.5.25 Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Workbook Paper 1 EXAM QS2 EXAM QS2 AHA C5 EXAM QS2 EXAM QS3 EXAM QS3 EXAM QS2 EXAM QS3 E	Easter						
S.5.25 Bank holiday BS AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook Paper 1 EXAM QS2 cram questions  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Uploaded restriction	Holiday						
5.5.25 Bank holiday B5 AHA CHM EXAM C4 first half C4 CFR ISSU QS2 CFR AHA PHYS QS2  12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem exam questions  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Uploaded terminology	28.4.25	BIÓ EXAM	C3 CFR	P3 KFC	)	B4 AHA	P4 KFO ISSUE
12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook Paper 1 EXAM QS2 exam and ques KFO PHYSICS AHA PHYSICS Paper Uploaded terminals		QS2 AHA					CHEM QS
12.5.25 AHA Bio Biology PHYS AHA C5 KFO Chem workbook Paper 1 EXAM QS2 exam and ques KFO questions  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Upleaded temperature.	5.5.25	Bank holiday	B5 AHA	CHM E	XAM	C4 first half	C4 CFR ISSUE
workbook Paper 1 EXAM QS2 exam and ques KFO questions  19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Upleaded				QS2 CF	R	AHA	PHYS QS2
and ques KFO questions 19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Upleaded	12.5.25	AHA Bio	Biology	PHYS		AHA CS	KFO Chem
19.5.25 Chemistry PHYSICS AHA PHYSICS Physics Paper Upleaded		workbook	Paper 1	EXAM	QS2		exam
TANALE PHONE PHONE PHONE PROPERTY OF TANALOGICAL		and ques		KFO			questions
PRIVATE A PRIVAT	19.5.25	Chemistry	PHYSICS AHA	PHYS	sics	Physics Paper	,
Paper 1 REVISION 1 poper 2		Paper 1		REVIS	NON	1	
CFR PODEL 2				ĆF	R		
							including past

#### 1 2025 – Revised Trilogy Science

2.	Lesso	on 3	Lesson 4	Lesson 5
			Chemistry PPE	
	Physics	PPE		
d C1	1	_		
		urces	available on Goog	le classroom
wor	kbooks	Up	load revision reso	urces Google
n da	ss to		classroom (paper	r 1 and 2)
ogra	mme	Set	first X2 half-pape	
			MONDAY 3	
M	P1 KFC	)	B1 AHA	P2 KFO ISSUE
	C1 CFR		B3 AHA	QUESTIONS C2 CFR ISSUE
	CICH		BS AHA	BIOZ QS
				BIUE Q3
	P3 KFC	,	B4 AHA	P4 KFO ISSUE
			247.11.1	CHEM QS
	CHM E	MAX	C4 first half	C4 CFR ISSUE
	QS2 CF	R	AHA	PHYS QS2
1	PHYS		AHA C5	KFO Chem
L	EXAM	QS2		exam
	KFO			questions Uploaded
HA	PHYS		Physics Paper	remaining
	REVIS		1	poper 2
	· ·			resources
				including past papers 2022/23
				pupers 2022/23

ur revision programme shared on Google classroom ision questions to support you. available for you to use on your Google classroom.







## **Year 11 PPE Revision Competition**

Over the next three weeks there will be **many more questions** on Sparx to help you prepare for your PPEs.

The top two students every week in every year 11 class will get a PRIZE.

The prizes will be for:

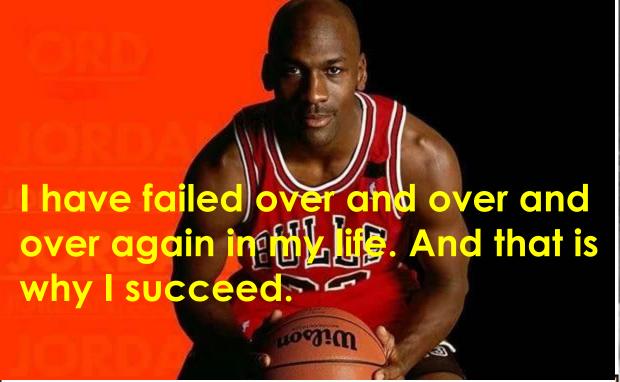
- 1. Who does the most
- 2. Who improves by the most
- 3. And an Amazon voucher for the overall winner each week!

There will also be a **PRIZE DRAW** after the PPE results come in:

If you achieve **Grade 4-** You will be entered for **one** prize draw

If you achieve a **Grade 5** – You will be entered for **two** prize draws

If you achieve a **Grade 7** – You will be entered for **three** prize draws



I have not failed.
I've just found
10,000 ways
that won't work.

-Thomas A. Edison



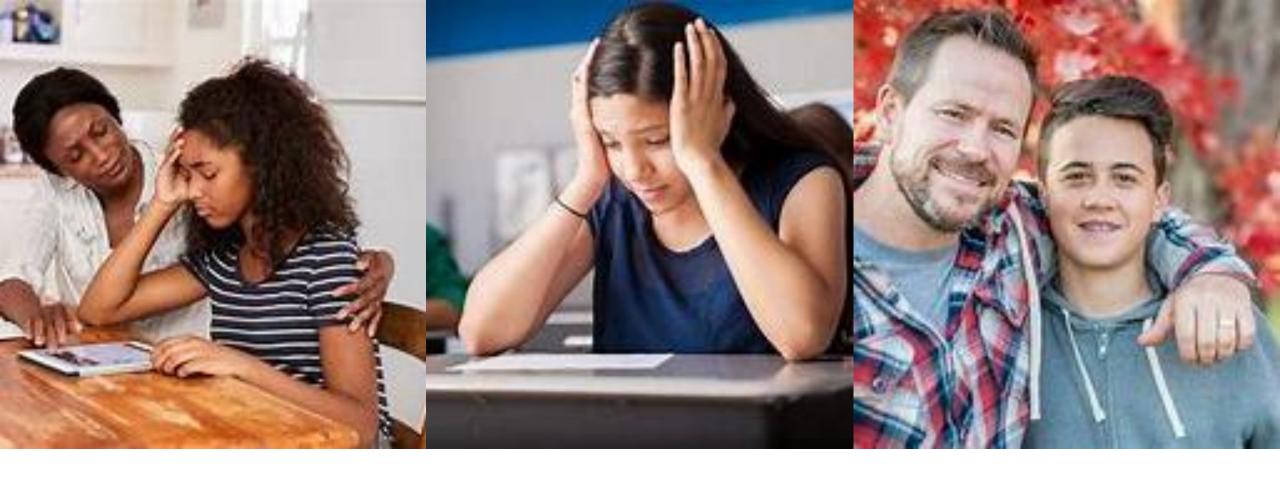
66 We must have perseverance and above all confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained. MARIE CURIE







# Electronics – useful or distracting?



Parenting a stressful teenager

# What you might see...

Student	Parent response
Shouting, outbursts of emotion	Listening – understanding that this is a stressful time and the outburst isn't personal. Try to engage in why they feel cross, sad, emotional. Let them know you are there for them and this time will pass
Reluctance to work at home Or working endlessly!	Set boundaries and rewards – one hour of revision = time out at the weekend, set up a revision plan so both of you know how long they work for and when they can finish
Poor sleeping habits	Help them to settle into a routine, not to late to bed because they are up working or gaming!
Changes of mood and behaviour, excessive worrying, becoming a recluse	Be open to listen to worries or concerns from your child. Remind them that although their exams are important, they don't define them and all they can do is their best.



### Headspace

A meditation app that acts as a personal guide to health and happiness



#### Mindshift

A free app designed to help teens and young adults cope with anxiety.



### MoodGym

An online cognitive behaviour therapy program for depression and anxiety



## Superbetter

Helps build resilience - the ability to stay strong, motivated and optimistic even in the face of difficult obstacles



## Happify

Turns the latest innovations in the science of happiness into activities and games that help you lead a more fulfilling life.



## Smiling Mind

A meditation program developed by psychologists and educators to help bring mindfulness into your life



#### Calm Harm

An app that helps young people manage the urge to self-harm.



#### Calm

Meditation techniques to aid with stress and sleep.

